Category A:
A. Formalized structured leaning situations at colleges or universities at regular undergraduate or college course levels will be allowed one (1) hour credit for each hour of attendance. Regular university or college courses are evaluated at semester hour, i.e.: A dentally related three (3) hour college credit course will be allowed three (3) hours of continuing education credit.
B. Any university may co-sponsor a program within the State of Oklahoma. They must send a copy of the letter to the Board.
C. Programs sponsored by the Veterans Administration or Armed Forces, given at a government facility will be granted hour for hour credit without university co-sponsorship.

Category B:
A. Formalized Meetings:
   Meetings of the following recognized groups will be granted hour for hour credit for the scientific portions of their program:
   (i) National professional organizations and their components
   (ii) University sponsored professional Alumni clinical meetings
   (iii) Organized Dental or Dental Hygiene Study Club Meetings
   (iv) Seminars-sponsored by recognized Dental/Dental Hygiene constituent societies
B. Advanced Study:
   Graduate study, internships, residencies, Dentists or Dental Hygienist engaged in acceptable full-time programs will fulfill their continuing education requirements for each calendar year in which they are actively participating in such programs by nature of these activities, and will no longer have additional formal requirements for that year. However, persons so engaged must notify the Board.

Category C:
A. Publishing Papers – Presenting clinics – Lecturing – Teaching: these activities will be granted six (6) hours credit for the original presentation, and hour for hour credit for additional presentation of the same material. Full or part-time teaching will receive credit for the semester credit hours. One (1) hour credit can be recorded for every 18 hours of clinical instruction.
B. Self-Instruction Programs – Study Tapes – Correspondence Programs: These programs will be granted hour for hour credit. Only 50% of the total requirement may be obtained through this category. The Dentist or Dental Hygienist must submit a certificate of registration from the sponsoring institution, organization or study club or have the participation in the course verified by the sponsoring agency in a manner specified by the Board Continuing Education Committee to be considered for approval.
C. Volunteer Service – Licensees who donate their expertise for the dental care and treatment of indigent and needy persons shall be granted hour for hour credit for up to ten (10) hours for a Dentist and five (5) hours for Dental Hygienist within a reporting cycle. Dentists and Dental Hygienist must submit proof of actual volunteer work from a recognized entity approved by the Board. Volunteer services submitted for credit shall not receive or have
any expectation to receive any payment or compensation, either direct or indirect, for any dental care or treatment rendered.

Category D:
Exceptions: Exceptions will be considered at the discretion of the Board.
   A. No more than six (6) hours of the sixty (60) hour requirement for Dentists can be from practice management type courses.
   B. No more than three (3) hours of the thirty (30) hour requirement for Dental Hygienists can be from practice management type courses

CPR:
   A. For reporting required CPR course

Ethics:
   A. For reporting required Ethics course