

DISTRICT
ATTORNEYS
COUNCIL
VICTIM
SERVICES
DIVISION

More
information
on how to
register
coming
soon!

Questions?
Contact
Tina Harman
at
405-264-5006

MARK YOUR CALENDARS!

***“Surviving and Thriving in
Victim Services Work”***
***A day of reflection, interaction and
laughter!***

Wednesday, October 14, 2015

Coles Garden - Oklahoma City, OK

Mark your calendars for an exciting day long training featuring a national trainer who will guide you through the process of incorporating resiliency and self-care into your daily life.

Working with victims of crime is a calling for those of us with compassion for others and a passion for social justice. “The work” can be incredibly rewarding but can also have an impact on our own health, well-being and happiness. This workshop will introduce participants to the five strengths of people who are resilient, and provide guidance on how to build these strengths in ourselves. The model draws on both research and practice and gives participants an opportunity to map their own journey towards a more resilient self.

TRAINER: Karen Kalergis, Austin Texas

WE HOPE YOU JOIN US!