FREE TRAINING

Sponsored By:

Muscogee (Creek) Nation Family Violence Prevention Program

August 20-22, 2013

My Body...My Life...

"My Body... My Life..." is a women's empowerment program developed by the Norman Police Department that uses simple verbal and physical cues and counters to avoid violence and empower the individual to remove themselves from the situation. The program is taught by Norman Police Officers which addresses awareness, empowerment, relationships, self-esteem and abuse, alcohol and drugs, internet and texting, as well as physical self defense techniques in female students.

Author/developer: Sergeant Robert Moore MHR, BHRS, LPC

Developer: Master Police Officer Marcus Savage

INSTRUCTOR COURSE

The instructor course is three days (Aug. 20-22), comprising 24 total hours of training in a classroom setting. There is no charge for the training. Successful completion of the course certifies the instructor to teach the program to women in their community. There are both pre– and post-tests, as well as graded presentations required to complete the instructor course. CLEET provides a total of 24 hours for completing this course, with 2 hours fulfilling the CLEET mental health requirement. This course has a limited number of openings.

CLEET CERTIFIED TRAINING!

DATES: August 20-22, 2013

LOCATION: Green Country Technology Center - Room 104
1100 Oklahoma 56 , Okmulgee, OK 74447

TIME: Registration from 7:30-8:15 a.m. on August 20th
Training 8:15-5:00 each day (Lunch break 12-1)
(Lunch will be provided on August 21st & 22nd)

The 1st day of training (Aug. 20th) is open to any interested individual and will include a full presentation of the entire program by its developers.

We especially encourage the following groups to attend the first day of training:

- Female Students 7th-12th grades
- Female College Students
- ALL ADULT WOMEN!!!

6 CEU credits offered for attending the first day of training for LPC and LMFT

Pre-registration is required to attend the training.

Contact Mitzi Pope at 918.732.7892 or mpope@mcn-nsn.gov to register.

Registration is limited so call today!