

YOU COULD BE THE HELP
SOMEONE NEEDS.

JOIN US

FRIDAY

OCTOBER 6, 2023

8:00 AM - 5:00 PM

This is a 7.5 hour training course that teaches you how to approach and help an adult individual who is developing a mental health problem or experiencing a crisis.

This will be an in-person training hosted at East Central University, NO virtual or blended options will be available.

Registration fees are covered by grant funding while funding lasts.

REGISTRATION LINK:

[HTTPS://WWW.ZIPSURVEY.COM/LAUNCHSURVEY.ASPX?SUID=93550&KEY=DEFED933](https://www.zipsurvey.com/launchsurvey.aspx?suid=93550&key=DEFED933)



Mental Health First Aid reviews the unique risk factors and warning signs of mental health issues in adults. It emphasizes the importance of early intervention.

CEU's Approved

For questions or assistance please contact Angela Sliger at asliger@ecok.edu or 580.559.5819

*If special accommodations are needed, please request at least one week prior to event.