

## Kitchen Roll-About

This is ideal for those with weakness in hands/fingers or painful wrists or forearms. It is also for one-handed users who find lifting difficult. This wheeled, wooden trivet assists in moving hot pans and dishes.

### Materials:

- 1 – Tennis Racquet
- 1 – Rubber Chair Tip (1¼ inch)
- 2 – Wheels with 4 holes for mounting (1¼ inch)
- 1 – Piece of wood that will fit in the middle of the tennis racket
- 8 – Screws (½ inch)
- 1 – Screw (1¼ inch)
- 1 – Small Package of Easy Liner shelf paper or any type of heat proof, non-slip material that can be glued to wood
- Screwdriver & Drill
- Glue

### Directions:

1. Place piece of wood in middle of tennis racquet
2. Pre-drill 8 small holes for the two wheels at the top side of the racket and one small hole for the Rubber Chair Tip
3. Line wheels up with the pre-drilled holes and use screwdriver to tighten the ½ inch screws
4. Put the 1¼ inch screw into the Rubber Chair Tip and tighten to the pre-drilled hole at bottom of tennis racket
5. Cut out the heat proof, non-slip material and glue to surface



**Purchase Price: \$28.99**



Top of Roll-About



Bottom of Roll-About

**Make-N-Take Price: 18.00**

### Helpful Hints:

Substitute store bought racquet and wood with old or used appropriately shaped items to make this Make-N-Take even more cost effective.

No drill? Ask at a home improvement store to help pre-drill the holes or use a hammer and nail to start a small hole for the screws.