

# STATE OF OKLAHOMA



EXECUTIVE DEPARTMENT

## Proclamation

**WHEREAS**, May is National Physical Fitness and Sports Month first proclaimed by President Ronald Reagan in 1983, and the President's Council on Physical Fitness and Sports has continued to promote National Physical Fitness and Sports Month each year to challenge Americans to become physically active; and

**WHEREAS**, President Bush's HealthierUS Initiative is based on the premise that increasing personal fitness and becoming healthier is critical to achieving a better and longer life; and

**WHEREAS**, extensive research has shown that improving overall health, and thus preventing disease and premature death, is as easy as making small adjustments and improvements in the activities of daily life; and

**WHEREAS**, the Oklahoma Governor's Council on Physical Fitness and Sports and the Oklahoma Association of Health, Physical Education, Recreation and Dance recognizing that sport and fitness activity contribute to emotional and physical well-being, encourage all Oklahomans to participate in physical activities during May and throughout the year;

**NOW THEREFORE, I, BRAD HENRY**, Governor of the State of Oklahoma, in recognition of May as National Physical Fitness and Sports Month, do hereby proclaim the month of May, 2003, as

**"OKLAHOMA PHYSICAL FITNESS AND SPORTS MONTH"**

in the State of Oklahoma,

and urge communities, schools, employers, voluntary organizations, churches, and other organizations to plan appropriate observances and special events. Furthermore, I urge individuals to make physical activity an integral part of their lives

*In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.*



ATTEST:

*Done at the Capitol, in the City of Oklahoma City, this 24th day of March, in the Year of Our Lord two thousand and three, and of the State of Oklahoma in the ninety-fifth year*

*M. Susan Savage*  
SECRETARY OF STATE

*Brad Henry*  
GOVERNOR