WINTER STORM SAFETY

Before the storm
- remember pets: provide food, water, & a place to shelter
- hazards: understand the dangers of wind chill
- plan: develop a disaster plan for winter storms
- check in: with family, friends, & neighbors
- winterize your car: check antifreeze, windshield wipers, & tire pressure

STAY HOME IF POSSIBLE!

If you must go out
- avoid strenuous activity: shoveling snow, pushing a car, or walking in deep snow can lead to overexertion
- be careful: walk carefully to avoid slips & falls & prevent injury
- take breaks: come inside often to warm up
- layer up: dress in many layers to prevent hypothermia & frostbite

If you must drive
- check the weather: figure out the weather at your beginning & ending destinations
- check: always wear your seatbelt
- fully stock: make sure you have a fully stocked emergency kit
- share: let someone know your destination, route, & estimated arrival time
- roads: check road conditions before setting out

REMEMBER: the leading cause of death during winter storms is vehicle crashes.