

Envisioning Your Creative Aging Program Worksheet for Teaching Artists

As you begin to think about what kind of creative aging program you will teach, use the following worksheet as a starting point. If you have already taught arts programming in your community, then many skills and ideas will transfer over from your previous work. At the same time, you will need to adapt your program to fit the creative aging program model— with the two main goals of **building artistic skills** and creating opportunities for your students to **engage socially**.

This worksheet will also help you develop your vision for the culminating event and invite you to think about adaptations you may need to make to deliver your program remotely. The last part of the worksheet offers a chance for you to reflect on any specific concerns you have about this type of program so you can problem solve well before your program implementation.

Name:

Introduction

1. Please briefly describe your past teaching experience and the types of programs you have taught. Include your primary discipline, as well as the age groups and settings you typically work with.

2. Have you taught older adults? Yes No

3. What skills do you **currently have** that might be applied to working with older adults?

4. How might you adapt a program you already teach to younger students (or a different population of learners) to better serve older adults?

5. How might you design a new creative aging program for older adult learners? Include the skills you will teach, social engagement opportunities, and culminating event ideas.

6. What are your ideas for adapting your creative aging program vision to a remote class setting (either online or via phone)?

Summary

Reflect on your ideas as a teaching artist.

7. What do you believe is your greatest **asset**?

8. What is your biggest **concern** about teaching creative aging programs?