

[National Resources](#)

[Creative Aging Foundations On Demand](#) This is a free, self-paced online course by Lifetime Arts that is designed for institutions and individuals seeking to run successful, participatory artmaking programming for older adults. This course will serve as a guide as you plan programs and develop the necessary partnerships to support this important, cross-sector work.

[Lifetime Arts](#): National Leaders in Creative Aging Program Development. This organization catalyzes and connects the people, funding, practical strategies, and bold ideas necessary to embrace all older adults as creative and social learners.

[Creative Aging Study by Dr. Gene Cohen](#) Download the full study “The Creativity and Aging Study: The Impact of Professionally Conducted Cultural Programs on Older Adults” for the powerful data to share with your partners and your communications to your stakeholders about the importance of your Creative Aging project.

[Gaining Momentum- A Frameworks Communications Toolkit](#) This is a resource for the field of aging to help build a better understanding of aging, ageism, and what it takes to create a more age-integrated society. This will support your marketing and your recruitment for your programs.

[Creative Aging Strategy Sampler](#)- This research and model program examples provided by National Assembly of State Arts Agencies could inspire you as you create your own Creating Aging Programs.

[This Chair Rocks: A Manifesto Against Ageism](#) Ashton Applewhite “unpacks the origins of ageism and how we are conned into self-identifying through numbers alone, debunks myths around cognitive decline, separates the misaligned concepts of youth and health, busts the idea that mandatory retirement is somehow good for the economy, and campaigns for a more intergenerational and interactive culture as a long-overdue normal.”

[Old School Clearinghouse](#) Use this online index of a variety resources to educate people about ageism and help dismantle it.

[Alzheimer’s Music Project](#) works to improve the quality of life for individuals living with Alzheimer’s disease and other forms of dementia by providing a compact, mp3 player, and a personalized music playlist of their most beloved songs and artists.

[Music and Memory](#) is a program to support people in nursing homes and other care organizations who suffer from a wide range of cognitive and physical challenges to find renewed meaning and connection in their lives through the gift of personalized music.

[Timeslips](#): Creative Storytelling for People with Dementia. This program can be learned and used by teaching artists, caregivers, and aging service providers.

[Dances for PD](#) The award-winning Dance for PD® program offers specialized dance classes to people with Parkinson’s.

Oklahoma Arts Council Resources

[Teaching Artist Roster](#)- A resource for connecting professional teaching artists with learners of all ages in schools and communities throughout the state.

[Community Arts Learning Grants](#) – A resource to support for Creative Aging Programs.

[Grants for Arts and the Military](#) to support arts programs for military connected individuals.