Congratulations, El Paso Diabetes Association on assisting with the Ysleta del Sur Pueblo Tribal Resolution!

Ysleta del Sur Pueblo
TRIBAL RESOLUTION

TC-009-11
Pertaining to Committing Ysleta del Sur Pueblo to Improved Nutrition and Physical Activity

WHEREAS, The Tribal Council (the "Council") of the Ysleta del Sur Pueblo (the "Pueblo"), is the duly constituted traditional governing body of the Ysleta del Sur Pueblo exercising all inherent governmental power, fiscal authority, and tribal sovereignty as recognized in sections 101 and 104 of the Act of August 18, 1987 (the Ysleta del Sur Pueblo Restoration Act), 101 Stat. 666, Public Law No. 100-89; and,

WHEREAS, the Pueblo has operated from time immemorial as a Native American political sovereign without organic or written constitution, charter, or by-laws; and,

WHEREAS, the Pueblo governs itself by oral tradition; and,

WHEREAS, the Council, has authorized the Governor of the Pueblo, or the Lt. Governor in his absence, to act for the Tribe in the signing of this resolution; and

WHEREAS, the civil and criminal law [illegible] of the Pueblo is [illegible] the Council consisting of the Cacique, [illegible]ernor, Lt. Governor, [illegible] War Captain and four (4) Councilmen members; and,

WHEREAS, the Ysleta del [illegible] committed to developing and [illegible]ng policy, systems, and environmental change strategies that can help [illegible]ent or manage health-risk factors for heart disease, stroke, diabetes, cancer, obesity, and arthritis; and

WHEREAS, the Pueblo promotes health, wellness, education, prevention and treatment programs and services aimed at maintaining a healthy community; and

WHEREAS, the Pueblo promotes development and fostering an environment to raise the physical, mental, social, and spiritual health of its members to the highest level; and

WHEREAS, a Behavioral Risk Factor Surveillance Survey (BRFSS) conducted in 2009 revealed the following significant health concerns: high blood pressure and high cholesterol (28 %); overweight (31%); obese (47%); diabetes (17%); eating 5 or more servings of fruit and vegetables per day (8%); reported getting the recommended exercise (29%); currently smoke cigarettes (25%); and

WHEREAS, obesity and overweight are primary consequences of poor nutrition and physical inactivity; and

WHEREAS, improved nutrition and physical activity have benefits beyond weight control; and

WHEREAS, improvements to the built environment– including exercise facilities, bike and pedestrian friendly streets, access to healthy food, access to parks, trails and grocery stores, or the lack thereof – have a significant impact on obesity rates; and

WHEREAS, individual effort alone is insufficient to combat obesity's rising tide and significant societal and environmental changes are needed to support individual efforts to make healthier choices.

THEREFORE, BE IT RESOLVED, that the Pueblo hereby recognizes that poor nutrition and lack of physical activity are serious threats to the health and wellbeing of adults, children, and families of Ysleta del Sur Pueblo.

AND, LET IT FURTHER BE RESOLVED that the Pueblo makes obesity prevention a priority and commits to improving nutrition and physical activity in its communities and herein directs the Tribal Administrator to implement the following Action Plan.

Action Plan

Built Environment

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo supports all staff responsible for the design, approval, and construction of neighborhoods, streets, and business areas, including planners, contractors, and community and economic development personnel, in making every effort to prioritize capital improvement projects that increase opportunities for physical activity in existing areas; plan and construct a built environment that encourages regular walking, biking, public transportation use, and other forms of physical activity; and keep current on how the built environment and land use policies impact nutrition and physical activity.

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo directs the Tribal Administrator to review current operating practices, codes, zoning ordinances, master development plans, policies and regulations that will promote opportunities for physical activity and access to healthy food.

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo directs the Tribal Administrator to review and revise all policies that might erect unnecessary barriers to the use of local parks, physical activity programs, or related activities.

Access to Healthy Food

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo directs the Tribal Administrator to review and revise all policies and practices that might erect unnecessary barriers to community gardening, farmers' markets, or related activities.

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo hereby directs the Tribal Administrator to review existing beverage, snack, and food service contracts to reduce access to sugar-sweetened beverages, snacks, and food high in sugar and fat, and replace them with snacks, beverages, food that support good health and nutrition.

BE IT FURTHER RESOLVED that the Ysleta del Sur Pueblo hereby directs Tribal Directors to consider, promote and practice offering healthy and nutritious foods and snacks during tribal meetings and/or community functions that support good health and nutrition.

Employee Wellness Program and Policies

BE IT FURTHER RESOLVED that in order to promote employee wellness within YDSP, the Pueblo hereby directs the Administrator to work with all tribal departments to plan an employee wellness program emphasizing improved nutrition and physical activity. In addition, the plan

shall include monitoring health insurance costs for correlations with health impacts.

Community Encouragement

BE IT FURTHER RESOLVED that the Pueblo pledges to support community efforts to promote physical activity and good nutrition by working to expand youth and community opportunities for physical activity throughout school, weekend, and summer programs.

BE IT FURTHER RESOLVED that the Pueblo encourages private parks, clubs, recreation, and all other businesses to review existing beverage and snack vending machine contracts, and upon renewal, revise these contracts to reduce access to sugar-sweetened beverages and snacks high in sugar and fat, and offer a higher variety of nutritious snacks and beverages.

BE IT FURTHER RESOLVED that the Pueblo encourages all establishments serving food in the reservation to support the health of our community by offering and clearly identifying healthier options; making nutritious choices the default option, especially for children; and eliminate marketing of food of minimal nutritional value to children.

BE IT FURTHER RESOLVED that the Pueblo urges the YDSP Community Health Center to promote, protect and support breastfeeding.

Implementation

BE IT FURTHER RESOLVED that the Administrator will report annually regarding steps taken to implement this Resolution, additional steps planned, and any desired actions that would need to be taken by the Pueblo and its departments to promote proper nutrition and physical activity.

ADOPTED

Adopted this the 25th day of January, 2011.

CERTIFICATION

I, the undersigned, as Governor of the Ysleta del Sur Pueblo, do hereby certify that the foregoing Resolution was passed on 1-25-11, at a duly called meeting in which a quorum was present, with 8 voting for, 0 voting against, and 0 abstaining.

Tribal Governor

ATTEST:

Secretary