

Legacy Year 3

Native Youth Preventing Diabetes (N.Y.P.D.) Legacy Project Year 3

Camp Director: Michelle Dennison **Camp Medical Director:** Ryan Brown

Principal Investigator: Lancer Stephens



Priority Focus:

- N.Y.P.D. is a residential summer camp for American Indian youth aged 8 -12:
 - Focuses on the prevention of diabetes and obesity through educational classes on nutrition, physical activity, and behavioral health.
- N.Y.P.D., along with the OU Health Sciences Center, is made up of a coalition.
 - Each entity of the N.Y.P.D. coalition (more than a dozen Oklahoma-based tribal and Urban Indian Health Facilities) provides educators and facilitators for the week-long camp.
 - Celebrating its 10th year of operation in 2011, N.Y.P.D. has successfully educated more than 1,000 American Indian youth on healthy lifestyles leading to the prevention of Type II Diabetes.
 - www.nypdkids.org

Muscogee (Creek) Nation Move It! And Prevent Diabetes Program Legacy Project Year 3

Project Director: Duane Meadows



Priority Focus:

- School-based prevention program in 17 public schools since 2003 within the MCN Boundaries.
 - Targets students in K-6th grade at schools with at least 30% Native American population
 - The Move It! Program is 3 years in duration and targets the Physical Education classroom, diabetes prevention education, increasing after school activity, and improving school health policies.
 - Students participate in a fitness test at the beginning and end of the school year.
 - Teachers and students earn incentives for daily exercise.

El Paso Diabetes Association Legacy Project Year 3

Project Director: Henry Brutus Jr.

Program Director: Patricia Rodriguez

Diabetes Specialist: Irma Herrejon

Diabetes Educator: Carmen Enriquez



Priority Focus:

- The welfare of the people of El Paso affected by or at risk of diabetes
 - Spare families the unnecessary physical, financial, and emotional toll of diabetes complications
 - Offer a variety of comprehensive services including
 - Nutritional cooking classes
 - Employee Wellness Center
 - Physical activity group exercise classes