



Southern Plains REACH US across Oklahoma



The Oklahoma State Department of Health (OSDH) offered a one-time funding increase to the Year 3 REACH US Centers of Excellence for the Elimination of Health Disparities (CEED) projects.

Funding requirements: must fit the current scope of work regarding physical activity, nutrition, and tobacco use prevention and cessation.

Objectives targeted: increase tobacco cessation education, attend the Southern Obesity Summit, purchase necessary signage for businesses and communities, and provide CATCH equipment for in school, after school or early childhood programs.

Highlights include:



Choctaw Nation

- Choctaw Nation purchased Two CATCH Early Childhood and PreK for training objectives.
- Purchased Kids Club CATCH curriculum and equipment for Choctaw Nation Youth Center.
- Purchased promotional supplies for 24/7 school after passing policy.





Pawnee Nation

- Pawnee Nation signed an MOU to continue educational activities with Head Start.
- REACH staff participated in Early Childhood CATCH training with teachers. Three sets of CATCH curriculum and activity sets were purchased for Pawnee County Head Start.
- Tobacco cessation class schedules were distributed by post card to all residents of Pawnee County. As a result, seven people signed up for the first class in October.
- Purchased Freedom From Smoking participant guides for tobacco cessation classes. Sessions able to offer FREE materials for participants assists in the recruitment process.
- Video footage shot for a Public Service Announcement created the opportunity for participants to complete a tobacco attitude survey. The survey results assisted in the development of a work plan for Year 4 regarding tobacco policies and strategies.



INDIAN HEALTH CARE
RESOURCE CENTER OF TULSA

Indian Health Care Resource Center of Tulsa

- Indian Health Care Resource Center CATCH training was attended by 19 participants representing: eight tribes, two Indian clinics, and two elementary schools.
- Extra physical activity time was provided by REACH US staff to help a local school achieve the state mandate of 120 minutes per week of physical activity.
- 216 children are enrolled in the school day program and 40 afterschool participants. The after school program is FREE.

- Indian Health Care Resource Center provided five weeks of summer camp for kids called, Wellness Adventures. A field trip to a local lake to teach the children kayaking and orienteering was able to be added this year.
- Provided CATCH K-5PE and Pre-K curriculum, physical activity equipment kits, curriculum boxes, and teacher's guides for mentored partners:

- ▶ Creek Nation
- ▶ Grimes Elementary
- ▶ Osage Nation
- ▶ Quapaw Tribe
- ▶ Tulsa Public School



Cheyenne and Arapaho Tribes

- ◆ Coordinator attended the Southern Obesity Summit and other meetings within the state.
- ◆ Purchased CATCH curriculum



The additional funding also allowed the OSDH Chronic Disease Service Central Coordinating Office to support the “Practical Approaches to Change Environment” (PACE) train-the-trainer conference. The Change of PACE workshops provided an in-state skill building training to promote leadership, mentorship, advocacy and proficiency to REACH US staff and partners.