

Meet the Staff

Leslie Jo Harris earned a Bachelor of Science in Business Operations and holds several fitness certifications from the Cooper Institute. Ms. Harris is focused on community programs that help make health a priority for all people.

Leslie serves as the Program Manager for Southern Plains REACH US.

Kaylee Johnson earned a Bachelor of Science in Health Promotion from Oklahoma State University and is a Certified Health Education Specialist. Kaylee has experience in health promotion and education, specifically related to chronic disease management.

Kaylee is a Health Educator for Strong and Healthy Oklahoma

Mary L. Massey earned a bachelor's degree in Sociology from Central State University and a Master's degree in Public Health Administration from the University of Oklahoma. Her background includes experience on programs related to women's health, physical activity and nutrition and tobacco abuse prevention.

Mary serves as the Program Manager for the Communities Putting Prevention to Work Program

Kellie Forte serves as the administrative lead for Strong and Healthy Oklahoma

Strong & Healthy Oklahoma



How We Can Help

- Serve as your contact and resource team for physical activity and nutrition promotion and integration.
- Empower and train others on physical activity and nutrition integration and resources by providing technical assistance.
- Be up to date on current physical activity and nutrition recommendations, requirements, programs, curriculum, statistics, literature, and events.
- Extend the work of Strong and Healthy Oklahoma to our partners.



Oklahoma State
Department of Health
Creating a State of Health

www.ok.gov/strongandhealthy
405-271-4072

Landon Norton earned a Bachelor of Science in Health and Sport Sciences and a Master of Science in Nutritional Sciences from the University of Oklahoma. Landon is a registered and licensed dietitian with expertise in addressing obesity within a public health framework.

Laura Matlock earned a Bachelor of Health and Exercise Science and a Masters of Health and Exercise Science with emphasis in Health Promotion at the University of Oklahoma. Laura has experience in planning, implementing, and evaluating programs in worksite, community, and school settings.

Laura is the Program Evaluator for Southern Plains REACH US

Pete Walton earned a Bachelor of Science in Health Promotion from Oklahoma State University and a Master of Science in Health Research/Education from Texas State University. His background includes experience with Survey Development & Administration, Data Management, Evaluation Methods, Research Design and Program Planning.

Pete serves as a Program Evaluator and Grant Consultant for Chronic Disease Services

Judy G. Duncan earned a Bachelor of Science in Education from Central State College. Prior to her current position, Judy taught health and physical education in Putnam City and Edmond schools for 9 years at the secondary level, and served at the State Department of Education for 8 ½ years as Director of Comprehensive Health and HIV Prevention Education Services.

Judy serves as State Director of Physical Activity and Nutrition directing the Partnership for a Strong and Healthy Oklahoma

