



OKLAHOMA AMERICAN INDIAN CESSATION RESOURCE GUIDE

2008

Gerald Cournoyer | Cover Artist

Gerald Cournoyer, a Lakota from Marty, South Dakota followed his hero Oscar Howe to the University of Oklahoma, to pursue, and eventually achieve, his Master's of Fine Arts in painting. Previously, Cournoyer attended the Institute of American Indian Arts in Santa Fe, where he received an Associate Degree in Fine Art in painting. He later received his Bachelor of Fine Arts, and then a Master's degree at the University of South Dakota in Interdisciplinary Studies. After receiving his Master's Degree at OU, he was employed as an adjunct professor of painting. Cournoyer is a dedicated and creative artist whose artistic boundaries were expanded under the tutelage of Professor George Hughes. Cournoyer came from a skilled background of stylized Ledger art and figurative Indian portraits. Over time, his work at OU expanded into vibrant abstract watercolors and acrylics. This eventually led him into patterns of Lakota quillwork on canvas, including large nonfigurative expanses of color and form that offer the viewer an opportunity to explore the depth of scintillating color combined with Native patterns. These intricate patterns are based on the early quillwork of the Northern Plains quill designs and are prominent in the Lakota iconography. Gerald Cournoyer's work is now shown in regional, national, and international venues.



“I GO WALKING”

The raven represents the messenger being communicating between the present world and the worlds beyond. The colors cream/ash represent the traditional tobacco smoke and ash from burning the tobacco. The smoke carries our prayers out to high powers, providing continual blessings and direction. The thick red line, laid vertically, represents the direction we choose to walk, and the color represents blood of many deceased ancestors. The painting, “I Go Walking” is telling a story about choosing decisions, whether right or wrong, and what those choices do for future generations.



April 10, 2008

Dear Colleagues:

As you know, commercial tobacco use has touched all our lives in some fashion. Where we live, work, and play, commercial tobacco has had an impact. For this reason, we are pleased to partner with the Oklahoma State Department of Health, Tobacco Use Prevention Service to bring you this practical and informative tool.

The *Oklahoma American Indian Cessation Resource Guide* is a result of collaborate efforts of tribal, federal and state representatives who work in the tobacco control field. The directory contains the most recent tobacco cessation and health care provider contact information in Oklahoma. We are pleased to announce in this updated issue we have increased in tobacco programs throughout the state.

The information in this guide is intended to provide tobacco cessation resource information for tobacco cessation advocates, and to provide American Indians with the most updated resources in helping commercial tobacco users quit and stay quit for good.

We hope the resource directory will be a helpful networking tool to make your tobacco cessation program a proactive and productive environment. We would also like to thank you for your time and effort directed toward healthy traditional lifestyles.

The Oklahoma State Department of Health Tobacco Use Prevention Service acknowledges the sacred and ceremonial value that tobacco has for American Indian people and together; we will work to end the addiction to commercial tobacco.

Best regards,

Cynthia Tainpeah

Cynthia A. Tainpeah, Program Manager
Muscogee (Creek) Nation Tobacco Prevention Program

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CHEROKEE NATION

Name of Organization: Cherokee Nation

Contact Name: June Maher, Tobacco Prevention Coordinator

Location: 17675 S. Muskogee, Tahlequah, OK 74465

Counties Served: Cherokee, Adair, Mayes, Delaware, Sequoyah, Muskogee, and Nowata

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.453.5617

Business Fax: 918.458.6224

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking, Second Wind

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. *Hours:* Contact business office. *Language:* English, Cherokee. *Self-help:* Brochures, books, audiotapes and/or videotapes. *Pharmacotherapy/Medication:* Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation

Contact Name: Mary A. Owl-Batt
Sidney Church

Location: Redbird Smith Health Center, 301 South J. T. Stites Avenue, Sallisaw, OK 74955

Counties Served: Sequoyah

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.774.1429

Business Fax: 918.775.4778

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling, referral to the Oklahoma Tobacco Helpline. **Hours:** Contact business office. **Language:** English, Cherokee.

Self-help: Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation

Contact Name: Joy Wahnee

Location: Will Rogers Indian Clinic, 1020 Lenape Drive, Nowata, OK 74048

Counties Served: Washington

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.273.7555

Business Fax: 918.273.3451

E-mail: joy-wahnee@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Fresh Start, Quit and Stay Quit

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Behavioral Health

Cost:

No fee for four sessions for four weeks; free to clinic registrants

Program Funded By:

Tribe

Description of Services:

The program is offered monthly (Tuesday afternoons) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use. **Services Offered:** Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Tuesdays, 3:00 PM – 4:00 PM. **Language:** English. **Self-help:** Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Kasy Allen

Jeff Tucker

Location: A-Mo Community Clinic, 900 N. Owen Walter Blvd / PO Box 936, Salina, OK 74365

Counties Served: Mayes

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.434.8500

Business Fax: 918.434.2995

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling, referral to the Oklahoma Tobacco Helpline. **Hours:** Contact business office. **Language:** English, Cherokee.

Self-help: Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix and Nicotine patch provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Cora A. Flute, Public Health Educator
Shirley Goodlin, Public Health Educator
Bunner Gray, Public Health Educator

Location: 17675 S. Muskogee, Tahlequah, OK 74464

Counties Served: 14 counties within Cherokee Nation boundaries

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.453.5612 or 918.207.3995

Business Fax: 918.458.6224

E-mail: shirley-goodlin@cherokee.org

Website: www.cherokee.org

Name of Tobacco Use Cessation Curriculum:

Freedom from Smoking

Tobacco Users Served:

Cigarette, cigar, pipe smokers and smokeless/spit tobacco; **Specific Populations:** Teen/youth, parents of young children

Program or Department Currently Providing Services:

Public Health

Cost:

No fee for eight sessions for eight weeks

Program Funded by:

CDC grant

Description of Services:

The program is offered weekly (afternoons) and addresses coping skills, stress management, basic information on tobacco use and strategies for quitting, provides self-help materials, relapse prevention, and provides social support during program. *Services Offered:* Individual face-to-face counseling, group counseling, proactive and reactive client counseling, self-help materials. *Hours:* Contact business office. *Language:* English, Cherokee. *Self-help:* Brochures, books. *Pharmacotherapy/Medication:* Nicotine patch provided directly to client at no cost. *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by mail, referral by healthcare provider, by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Kay Beisly

Location: Claremore Indian Hospital, 101 S. Moore Avenue, Claremore, OK 74017

Counties Served: Rogers

Business Hours: Monday – Friday, 8:00AM – 4:30PM

Business Phone: 918.342.6442

Business Fax: 918.342.6317

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Contact business office. **Language:** English, Cherokee. **Self-help:** Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Jaime Clark

Location: Nowata Primary Health Care Clinic, 202 E. Galer, Nowata, OK 74048

Counties Served: Washington, Nowata, and Craig

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.273.7529

Business Fax: 918.273.7449

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Contact business office. **Language:** English, Cherokee. **Self-help:** Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Ida Sue Gray

Betty King, Public Health Educator

Location: Sam Hider Community Clinic, 1015 Washburn / PO Box 350, Jay, OK 74346

Counties Served: Delaware

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.253.4271

Business Fax: 918.253.4938

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Contact business office. **Language:** English. **Self-help:** Brochures, books, audiotapes and/or videotapes.

Pharmacotherapy/Medication: Chantix and Nicotine patch provided directly to eligible client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Darrell Dry

Location: Wilma P. Mankiller Health Center, Rt. 6, Box 840 Hwy 51 East, Stilwell, OK 74960

Counties Served: Adair

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.696.8875

Business Fax: 918.696.8840

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Contact business office. **Language:** English, Cherokee. **Self-help:** Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation / Healthy Nation

Contact Name: Lu McCraw

Location: W. W. Hastings Hospital, 100 S. Bliss Avenue, Tahlequah, OK 74464

Counties Served: Cherokee, Adair, Sequoyah, Mayes, Delaware, Muskogee, and Nowata

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.453.5360

Business Fax: 918.458.6224

E-mail: jumaher@cherokee.org

Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:

Freedom From Smoking, Second Wind

Tobacco Users Served:

Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:

Healthy Nation

Cost:

No fee for eight sessions for eight weeks; free to tribal members or CDIB card

Program Funded By:

Tribe

Description of Services:

The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.

Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. **Hours:** Contact business office. **Language:** English, Cherokee. **Self-help:** Brochures, books, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation Behavioral Health
Contact Name: Joy A. Wahnee, LADC Substance Abuse Counselor
Location: Bartlesville Health Clinic, 501 East 5th, Suite B, Bartlesville, OK 74003
Counties Served: Washington
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 918.336.0867 ext. 229 or 918.273.7555
Business Fax: 918.336.0931 or 918.273.3451
E-mail: jumaher@cherokee.org
Website: <http://steps.cherokee.org>

Name of Tobacco Use Cessation Curriculum:
Fresh Start

Tobacco Users Served:
Cigarette, cigar, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, active substance abusers, addicts in recovery, veterans, non-native spouse

Program or Department Currently Providing Services:
Behavioral Health

Cost:
No fee for four sessions for four weeks; free to tribal members or CDIB card

Program Funded By:
Tribe

Description of Services:
The program is offered weekly (afternoons and evenings) and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, provides social support during program, provides social support outside of program, aversive techniques, and traditional tobacco use.
Services Offered: Individual face-to-face counseling, group counseling, initiates telephone calls for client counseling, responds to telephone call for client counseling. *Hours:* Contact business office. *Language:* English. *Self-help:* Brochures, books, audiotapes and/or videotapes.
Pharmacotherapy/Medication: Chantix, Nicotine patch and bupropion (Zyban) provided directly to client at no cost. Products are also available to client through their health plan. *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by mail, by referral from healthcare provider, and by e-mail.

CHEROKEE NATION

Name of Organization: Cherokee Nation Muskogee Health Center

Contact Name: Christi Kellogg, Behavioral Health Clinician

Location: 1001 South 41st Street East, Muskogee, OK 74403

Counties Served: Muskogee and surrounding counties

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.682.8826

Business Fax: 918.681.4127

E-mail: christi-kellogg@cherokee.org

Website: www.cherokee.org

Name of Tobacco Use Cessation Curriculum:

Fresh Start, Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, pipe smokers and smokeless/spit tobacco; **Specific Populations:** Men and women

Program or Department Currently Providing Services:

Behavioral Health

Cost:

No fee for four to eight sessions.

Program funded by:

Tribe

Description of Services:

The program is offered on demand (afternoons and evenings) and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, and provides social support outside of program. **Hours:** Contact business office. **Language:** English. **Self-help:** Brochures, audiotapes and/or videotapes, materials from the Internet. **Pharmacotherapy/Medication:** Chantix, Nicotine patch and bupropion (Wellbutrin) provided directly to client at no cost. **Childcare:** No. **ADA:** Yes. **Registration:** By telephone, in person, and by mail.

CHICKASAW NATION

Name of Organization: Chickasaw Nation Health System

Contact Name: Christie Byars, Prevention Specialist

Location: 1001 N. Country Club Road, Ada, OK 74820

Counties Served: 11 counties

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 580.421.4591

Business Fax: 580.421.2586

E-mail: christie.byars@chickasaw.net

Website: www.chickasawnation.org

Name of Tobacco Use Cessation Curriculum:

Second Wind

Tobacco Users Served:

Cigarette, cigar, pipe smokers and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, parents of young children, low income, addicts in recovery, veterans, American Indians

Program or Department Currently Providing Services:

Behavioral Health

Cost:

No fee for six to seven sessions two-weeks apart for 3-months

Program Funded By:

Tribe

Description of Services:

The program is offered on a regular basis (evenings) and addresses problem solving techniques, coping skills, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, social support during program, social support outside of program, and traditional tobacco use. **Services Offered:** Individual face-to-face counseling, group counseling, proactive and reactive client counseling, self-help materials. **Hours:** Contact program office for information. **Language:** English. **Self-help:** Audiotapes and/or videotapes, Second Wind guide. **Pharmacotherapy/Medication:** No pharmacotherapy is provided. **Childcare:** No. **ADA:** Yes. **Registration:** By phone, in person, by mail, referral by healthcare provider, by e-mail.

CITIZEN POTAWATOMI TRIBE

Name of Organization: Citizen Potawatomi Nation Health Clinic
Contact Name: Ray Tainpeah, Behavioral Health Coordinator
Location: 307 S. Gordon Cooper Drive, Shawnee OK 74801
Counties Served: Pottawatomie, Oklahoma, Cleveland, Seminole, and Lincoln
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 405.273.5236
Business Fax: 405.8784690
E-mail: rtainpeah@potawatomi.org

Name of Tobacco Use Cessation Curriculum:
 Second Wind

Tobacco Users Served:
 Cigarette, cigar, pipe smokers, and smokeless/spit tobacco users; **Specific Populations:** Tribal clinic patients

Program or Department Currently Providing Services:
 Behavioral Health

Cost:
 No fee, eight sessions for eight weeks

Program funded by:
 Tribe

Description of Services:
 The program is offered quarterly (evenings) and problem solving techniques, skills training, stress management, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, and traditional education. *Services Offered:* Group Counseling. *Hours:* Contact program office. *Language:* English. *Self-help:* Brochures, materials from the Internet, Oklahoma Tobacco Helpline. *Pharmacotherapy/Medication:* Chantix, Nicotine Patch, bupropion (Zyban). *Childcare:* No. *ADA:* Yes. *Registration:* By phone, in person, and by referral from healthcare provider.

INDIAN HEALTH CARE RESOURCE CENTER

Name of Organization: Indian Health Care Resource Center
Contact Name: Clayton Pselee, Tobacco Program Coordinator
Location: 1628 S. Main, Tulsa, OK 74120
Counties Served: Tulsa County
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 918.588.1900
Business Fax: 918.382.1242
E-mail: cpselee@ihcrc.org
Website: www.ihcrc.org

Name of Tobacco Use Cessation Curriculum:
IHCRC Smoking Cessation classes

Tobacco Users Served:
Cigarette, cigar, pipe smokers, and smokeless/spit tobacco users; **Specific Population:** American Indians

Program or Department Currently Providing Services:
Indian Health Care Resource Center

Cost:
No fee

Program funded by:
General fund

Description of Services:
The program is offered every two weeks (mornings and afternoons) on a regularly scheduled basis and addresses skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, traditional tobacco use (tribal ceremonies), and behavior modification. *Services Offered:* Individual face-to-face counseling, group counseling. *Hours:* Contact program office. *Language:* English. *Self-help:* Brochures, audiotapes and/or videotapes, visual aids. *Pharmacotherapy/Medication:* Chantix – participant is required to attend 4 of 6 classes. *Childcare:* Yes. *ADA:* Yes. *Registration:* By mail and by referral from healthcare provider.

INDIAN HEALTH SERVICE - LAWTON INDIAN HOSPITAL

Name of Organization: Lawton Indian Hospital

Contact Name: Joyce Eykamp, RN, BSN, Public Health Nurse

Location: 1515 Lawrie Tatum Road, Lawton, OK 73507

Counties Served: 10 counties in OK; also serves counties in Texas

Business Hours: Monday – Friday, 8:00AM – 4:30PM

Business Phone: 580.354.5562

Business Fax: 580.354.5563

E-mail: joyce.eykamp@ihs.gov

Name of Tobacco Use Cessation Curriculum:

Program is based on Freedom From Smoking and Second Wind curriculums

Tobacco Users Served:

Cigarette, cigar, pipe smokers, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, teen/youth, parents of young children, low income, disabled, gay/lesbian/bisexual, and veterans

Program or Department Currently Providing Services:

Public Health

Cost:

No fee for six to seven sessions two-weeks apart

Program funded by:

Indian Health Service

Description of Services:

The program is offered daily and addresses problem solving techniques, coping skills, stress management, basic information on tobacco use and strategies for quitting, provides self-help materials, relapse prevention and direct contact with a clinician for support. **Services Offered:** Individual face-to-face counseling, program initiates telephone calls for client counseling, program responds to telephone calls for client counseling, self-help materials. **Hours:** Monday – Friday, 8:00AM – 4:30PM. **Language:** English. **Self-help:** Brochures, audiotapes and/or videotapes. **Pharmacotherapy/Medication:** Nicotine patch and nicotine gum provided directly to client at no cost. Use of Chantix is discussed. **Childcare:** No. **ADA:** Yes. **Registration:** In person, referral by healthcare provider

INDIAN HEALTH SERVICE - NORTHEASTERN TRIBAL HEALTH CENTER

Name of Organization: Northeastern Tribal Health Center

Contact Name: Janet Springer, LPN, Certified Cessation Facilitator

Location: 2301 Eight Tribe's Trail, Miami, OK 74355

Counties Served: Services are provided to any member of a federally recognized tribe

Business Hours: Tuesdays, 10:00AM – 11:00AM

Business Phone: 918.675.2074 or 918.542.1655

Business Fax: 918.675.2095

E-mail: janet.springer@ihs.gov

Name of Tobacco Use Cessation Curriculum:

Fresh Start and Second Wind

Tobacco Users Served:

Cigarette, cigar, pipe smokers, and smokeless/spit tobacco users

Program or Department Currently Providing Services:

Indian Health Service

Cost:

No fee, offered weekly and duration open-ended

Program Funded By:

Seneca-Cayuga Tribe and Indian Health Service

Description of Services:

The program is offered weekly (mornings) and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, traditional tobacco use and tribal ceremonies, visual aids, monitor CO2 level, and Cedar. *Services Offered:* Group counseling, individual face-to-face counseling, program responds to telephone calls for client counseling, self-help materials, and self-awareness. *Hours:* Tuesday 10:00 – 11:00 AM. *Language:* English. *Self-help:* Brochures, books, audiotapes and/or videotapes, materials from the Internet, and Cedar pouches. *Pharmacotherapy/Medication:* Nicotine patch, bupropion (Zyban), clonidine (Catapres) non-nicotine herbal remedies and traditional medicine provided directly to client at no cost regardless of smoking cessation coverage through their health insurance plan. *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by referral from healthcare provider.

INDIAN HEALTH SERVICE - PAWNEE SERVICE UNIT

Name of Organization: Pawnee Health Center

Contact Name: Shoneen Alexander, MPH, Health Education/HPDP Coordinator
Jami Warledo, RN, Medical Clinic

Location: 1201 Heritage Circle, Pawnee, Oklahoma 74058

Counties Served: Pawnee, Payne, Noble, Garfield, Grant, Kay, and Osage County

Business Hours: 8:00AM – 4:30PM

Business Phone: 918.762.2517 ext. 6564, ext. 6530

Business Fax: 918.762.2729

Email: shoneen.alexander@ihs.gov
jami.warledo@ihs.gov

Name of Tobacco Use Cessation Curriculum:

Second Wind

Tobacco Users Served:

Cigarette Smokers, Cigar Smokers, Smokeless/Spit Tobacco Users

Program or Department Currently Providing Services:

Health Education

Description of Services:

Frequency – on demand with first physician visit. *Program Hours:* By appointment 8:00AM – 4:30PM. *Program Duration:* Program is offered on demand and addresses problem solving techniques, coping skills, stress management, basic information on tobacco use and strategies for quitting, provides self-help materials, relapse prevention, and direct contact with a clinician for support. Program offers individual face-to-face counseling, program initiates telephone calls for client counseling, program responds to telephone calls for client counseling, and the Oklahoma Tobacco Helpline is utilized as an additional tool. *Cost:* No fee. *Childcare Available:* No. *Pharmacotherapy/Medication:* Nicotine Patches, Wellbutrin, Clonidine, and Nortriptyline. *Language:* English.

MUSCOGEE (CREEK) NATION

Name of Organization: Eufaula Indian Health Center
Contact Name: Melody Hampton, LPN, Women's Clinic Nurse
Location: 800 Forest Avenue, Eufaula, OK 74432
Counties Served: McIntosh and surrounding counties
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 918.689.2540 ext. 227
Business Fax: 918.689.1127
E-mail: melody.hampton@creekhealth.org

Name of Tobacco Use Cessation Curriculum:
Second Wind

Tobacco Users Served:
Cigarette, cigar, pipe smokers, and smokeless/spit tobacco

Program or Department Currently Providing Services:
Women's Clinic

Cost:
No fee for six sessions for twelve weeks

Program Funded By:
Tribe and CDC Grant

Description of Services:
The program is offered quarterly (afternoons and evenings) and addresses problem solving techniques, skills training, stress management, basic information on tobacco use and successful quitting strategies, encouragement to talk about the quitting process, use of self-help materials, relapse prevention, direct contact with a clinician for support, social support during program, social support outside of program and traditional tobacco use. *Services Offered:* Group counseling, program initiates telephone calls for client counseling and program responds to telephone calls for client counseling. *Hours:* Contact business office. *Language:* English. *Self-help:* Brochures, materials from the Internet. *Pharmacotherapy/Medication:* Nicotine patch and Bupropion (Zyban) provided directly to the client at no cost. *Childcare:* No. *ADA:* Yes. *Registration:* In person and by referral from healthcare provider.

MUSCOGEE (CREEK) NATION

Name of Organization: Koweta Indian Health Facility
Contact Name: Amy Johnson, Public Health Nurse
Location: 31870 East Highway 51, Coweta, OK 74429
Counties Served: Tulsa and Wagoner
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 918.279.3481
Business Fax: 918.279.1118
E-mail: amy.johnson@creekhealth.org

Name of Tobacco Use Cessation Curriculum:
 Second Wind

Tobacco Users Served:
 Cigarette, cigar, pipe smokers, and smokeless/spit tobacco; **Specific Populations:** Men, women, parents of young children, low income, gay/lesbian/bisexual, veterans

Program or Department Currently Providing Services:
 Primary Care Clinic

Cost:
 No fee for six sessions for twelve weeks

Program Funded By:
 Tribe, Grant

Description of Services:
 The program is offered bi-weekly (daytime and evenings) and addresses problem solving techniques, stress management, skills training, basic information on tobacco use and successful quitting strategies, encouragement to talk about the quitting process, use of self-help materials, relapse prevention, direct contact with a clinician for support, social support during program, social support outside of program and traditional tobacco use. *Services Offered:* Individual face-to-face counseling, group counseling, program initiates telephone calls for client counseling, program responds to telephone calls for client counseling and self-help materials. *Hours:* Contact business office. *Language:* English. *Self-help:* Materials from the Internet. *Pharmacotherapy/Medication:* Nicotine patch and bupropion (Zyban). *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by mail, by referral from healthcare provider, and e-mail.

MUSCOGEE (CREEK) NATION

Name of Organization: Okemah Indian Health Center
Contact Name: Jim Schmidlkofer, Public Health Nurse
Location: 309 North 14th Street, Okemah, OK 74859
Counties Served: Okfuskee and surrounding counties
Business Hours: Monday – Friday, 8:00AM – 5:00PM
Business Phone: 918.623.1424
Business Fax: 918.623.2809
E-mail: jim.schmidlkofer@creekhealth.org

Name of Tobacco Use Cessation Curriculum:
Second Wind

Tobacco Users Served:
Cigarette, cigar, pipe smokers, and smokeless/spit tobacco; **Special Population:** American Indians

Program or Department Currently Providing Services:
Public Health

Cost:
No fee for six sessions for twelve weeks

Program funded by:
Tribe and CDC Grant

Description of Services:
The program is offered quarterly (afternoons and evenings) and addresses problem solving techniques, skills training, stress management, basic information on tobacco use and successful quitting strategies, encouragement to talk about the quitting process, use of self-help materials, relapse prevention, direct contact with a clinician for support, social support during program, social support outside of program, and traditional tobacco use. *Services Offered:* Group counseling; program initiates telephone calls for client counseling, and program responds to telephone calls for client counseling. *Hours:* Contact business office. *Language:* English. *Self-help:* Brochure, materials from the Internet. *Pharmacotherapy/Medication:* Nicotine patch and bupropion (Zyban) provided directly to the client at not cost. *Childcare:* No. *ADA:* Yes. *Registration:* In person and by referral from healthcare provider.

MUSCOGEE (CREEK) NATION

Name of Organization: Okmulgee Indian Health Center

Contact Name: Andrea Polson, Public Health Nurse

Jana Ross, Public Health Nurse

Location: 1313 E. 20th Street, Okmulgee, OK 74447

Counties Served: Okmulgee and surrounding counties

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.758.1926

Business Fax: 918.758.1944

E-mail: andrea.polson@creekhealth.org

jana.ross@creekhealth.org

Name of Tobacco Use Cessation Curriculum:

Second Wind

Tobacco Users Served:

Cigarette, cigar, pipe smokers, and smokeless/spit tobacco; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, gay/lesbian/bisexual, veterans

Program or Department Currently Providing Services:

Public Health

Cost:

No fee for one sessions every two-weeks for twelve weeks

Program Funded By:

Tribe

Description of Services:

The program is offered four times a year (mornings, afternoons, and evenings) and addresses skills training, stress management, basic information on tobacco use and successful quitting strategies, encouragement to talk about the quitting process, use of self-help materials, relapse prevention, direct contact with a clinician for support, social support during program, social support outside of program, and traditional tobacco use. **Services Offered:** Group counseling, program responds to telephone calls for client counseling, and self-help materials. **Self-help:** Brochures, audiotapes and/or videotapes, materials from the Internet, Second Wind curriculum, and use of smoking logs. **Hours:** Contact business office. **Language:** English. **Pharmacotherapy/Medication:** Nicotine patch, bupropion (Zyban) directly to client. **Childcare:** No. **ADA:** Yes. **Registration:** By referral from healthcare provider.

MUSCOGEE (CREEK) NATION

Name of Organization: Sapulpa Indian Health Center

Contact Name: Kellie Payne, Public Health Nurse

Location: 112 E. Cleveland, Sapulpa, OK 74066

Counties Served: Creek and surrounding counties

Business Hours: Monday – Friday, 7:00AM – 4:00PM

Business Phone: 918.224.9310

Business Fax: 918.224.9314

E-mail: kellie.payne@creekhealth.org

Name of Tobacco Use Cessation Curriculum:

Second Wind

Tobacco Users Served:

Cigarette, cigar, pipe smokers and smokeless/spit tobacco; **Specific Population:** American Indians

Program or Department Currently Providing Services:

Primary Care Clinic

Cost:

No fee for six sessions for twelve weeks

Program Funded By:

Tribe and CDC grant

Description of Services:

The program is offered every quarter of the year and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, provides social support outside of program, and traditional tobacco use. *Services Offered:* Group counseling. *Hours:* Contact program office. *Language:* English. *Self-help:* Brochures, materials from the Internet. *Pharmacotherapy/Medication:* Nicotine patch and bupropion (Zyban) provided directly to client at no cost, regardless if smoking cessation coverage is available through their health insurance plan. *Childcare:* No. *ADA:* Yes. *Registration:* In person at clinic site.

MUSCOGEE (CREEK) NATION

*Name of Organization: Muscogee (Creek) Nation Tobacco Prevention Program**

Contact Name: Cynthia Tainpeah, Program Manager

Location: 121 W. Broadway, Okemah, OK 74859

Counties Served: 11 counties of east Central Oklahoma

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 918.623.1189

Business Fax: 918.638.2077

E-mail: cynthia.tainpeah@creekhealth.org

Name of Tobacco Use Cessation Curriculum:

Second Wind

Tobacco Users Served:

Cigarette, cigar, pipe smokers, and smokeless/spit tobacco. Clients can contact nearest health clinic for information on services;

Specific Populations: Perinatal/pregnant women, American Indians

Program or Department Currently Providing Services:

Health Clinics

Cost:

N/A

Program funded by:

N/A

Description of Services:

The Muscogee (Creek) Nation Tobacco Prevention Program coordinates services over the five health clinics. The program provides training, technical assistance, and evaluations of the programs.

*This program provides no direct patient care.

NATIVE AMERICAN TOBACCO EDUCATION NETWORK

Name of Organization: Native American Tobacco Education Network*

Contact Name: Ursula Hill, Coordinator

Location: 3625 NW 56th Street, Suite 106, Oklahoma City, OK 73112

Counties Served: All American Indian communities in Oklahoma

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 405.951.6005 Ext. 108

Business Fax: 405.951.3902

E-mail: ursula.hill@ihs.gov

Name of Tobacco Use Cessation Curriculum:

Second Wind, Freedom From Smoking

Tobacco Users Served:

Cigarette, cigar, pipe, and smokeless/spit tobacco. Interested parties can contact coordinator for additional information on services available; **Specific Populations:** Perinatal/pregnant women, women, teen/youth, parents of young children, low income, disabled, gay/lesbian/bisexual, active substance abusers, addicts in recovery, veterans, American Indians.

Program or Department Currently Providing Services:

N/A

Cost:

N/A

Program funded by:

Grant

Description of Services:

The Native American Tobacco Education Network serves as point of contact for information on statewide resources for Native Americans.

Self-help: Brochures.

*This program provides no direct patient care.

OKLAHOMA TOBACCO CONTROL PROGRAM - CESSATION SYSTEMS

*Name of Organization: Oklahoma State Department of Health**

Contact Name: Linda Wright Eakers, MPH, CPM, Cessation Systems Coordinator

Location: 1000 NE 10th Street, Oklahoma City, OK 73117

Counties Served: All

Business Hours: Monday – Friday, 8:00AM – 5:00PM

Business Phone: 405.271.3619

Business Fax: 405.271.9053

Email: lindawe@health.ok.gov

Website: www.health.ok.gov

Program or Department Providing Services:

Tobacco Use Prevention Service

Commercial Tobacco Users Served:

Cigarette Smokers, Cigar Smokers, Pipe Smokers, Smokeless / Spit Tobacco Users; **Specific Populations:** Perinatal/pregnant women, African Americans, American Indians, Asian-Pacific Islander, Hispanics, deaf and hard of hearing community

Costs:

N/A

Program funded by:

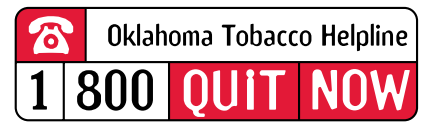
Centers for Disease Control and Prevention and Oklahoma State Department of Health

About the Program:

The Oklahoma Tobacco Control Program acknowledges the sacred and ceremonial value that tobacco has in American Indian culture. The cessation component of the program serves as point of contact for information on statewide resources for local businesses, corporations, and organizations, and state agencies; and is responsible for coordinating the statewide effort to conduct a population-based cessation assessment and assistance program for adults and youth.

*This program provides no direct patient care.

OKLAHOMA TOBACCO HELPLINE



Name of Organization: Oklahoma Tobacco Control Program
Contact Name: Linda Wright Eakers, MPH, CPM, Cessation Systems Coordinator
Location: 1000 NE 10th Street, Oklahoma City, OK 73117
Counties Served: All
Business Hours: Sunday – Saturday, 7:00AM – 11:00PM
Business Phone: 800.QUIT-NOW (800.784.8669)
Business Fax: 405.271.9053
E-mail: lindawe@health.ok.gov
Website: www.stopswithme.com

Program or Department Providing Services:

Free & Clear, Inc

Commercial Tobacco Users Served:

Cigarette Smokers, Cigar Smokers, Pipe Smokers, Smokeless / Spit Tobacco Users; **Specific Populations:** Perinatal/pregnant women, African Americans, American Indians, Asian-Pacific Islander, Hispanics, deaf and hard of hearing community

Costs:

Free

Program funded by:

Oklahoma Tobacco Settlement Endowment Trust* and Oklahoma State Department of Health

About the Program:

The Oklahoma Tobacco Helpline acknowledges the sacred and ceremonial value that tobacco has in American Indian culture. Adult users of commercial tobacco can receive free one-on-one coaching with a highly trained Quit Coach®, and written quit guides to help them stay on track between calls. Uninsured participants and individuals with health benefits through the Indian Health Service are eligible to receive free mail order nicotine patches or gum, or may be referred to their insurance provider for cessation medications. Free information and written materials are also available to family or friends interested in helping a loved one quit commercial tobacco, or to healthcare professionals who want to provide the most effective help to their patients.

*This program provides no direct patient care.

OSAGE NATION

Name of Organization: Osage Nation Tobacco Prevention Program

Contact Name: Gail Boe, CX Coordinator

Location: 518 Leahy, Pawhuska, OK 74056

Counties Served: Osage: all residents – Indian and non-Indian

Business Hours: 8:30AM – 4:30PM

Business Phone: 918.287.5367

Business Fax: 918.287.1096

Name of Tobacco Use Cessation Curriculum:

Second Wind and Freedom From Smoking. Program also refers clients to the Oklahoma Tobacco Helpline

Tobacco Users Served:

Cigarette Smokers, Cigar Smokers, Pipe Smokers, Smokeless / Spit Tobacco Users

Program or Department Currently Providing Services:

Tobacco Prevention Program

Costs:

No fee

Program funded by:

Tobacco Settlement Endowment Trust
Tribe

Description of Services:

The program is offered on demand and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, and traditional tobacco use. *Services Offered:* Referral to the Oklahoma Tobacco Helpline. Program initiates telephone calls for client counseling, program responds to calls for client counseling, and self-help materials. *Self-help:* Materials including brochures, materials from the Internet, Second Wind guide. *Hours:* For class time contact business office 8:30AM – 4:30PM. *Language:* English and Spanish. *Childcare:* No. *ADA:* Yes. *Registration:* By referral from healthcare provider, by telephone, in person. *Pharmacotherapy/Medication:* Pharmacological assistance available through IHS.

SAC & FOX NATION

Name of Organization: Black Hawk Health Center

Contact Name: Becky Flatt, CHR, LPN Coordinator

Location: Rt. 2 Box 247

Counties Served: Lincoln, Pottawatomie

Business Hours: Monday – Friday, 8:00AM – 4:30PM

Business Phone: 918.968.9531

Business Fax: 918.968.1532

E-mail: becky.flat@ihs.gov

Name of Tobacco Use Cessation Curriculum:

Program refers clients to the Oklahoma Tobacco Helpline

Tobacco Users Served:

Cigarette, cigar, pipe smokers and smokeless/spit tobacco

Program or Department Currently Providing Services:

Community Health

Cost:

No fee

Program funded by:

Indian Health Service

Description of Services:

The program is offered on demand and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, and traditional tobacco use. *Services Offered:* Program initiates telephone calls for client counseling, program responds to calls for client counseling, and self-help materials. *Hours:* Hours for the Oklahoma Tobacco Helpline are: Sunday – Saturday, 7:00AM – 11:00PM. *Language:* English and Spanish. *Self-help:* Brochures, materials from the Internet. *Pharmacotherapy/Medication:* Program recommends Zyban to clients. *Childcare:* No. *ADA:* Yes. *Registration:* By referral from healthcare provider.

SENECA-CAYUGA TRIBE

Name of Organization: Seneca-Cayuga Tribe Tobacco Cessation Program

Contact Name: Kristy Chance, Certified Alcohol and Drug Counselor

Location: 2301 Eight Tribe's Trail, Miami, OK 74355

Counties Served: Serves all with tribal identification and CDIB card

Business Hours: Tuesdays, 10:00AM – 11:00AM

Business Phone: 918.542.6609

Business Fax: 918.542.3684

Name of Tobacco Use Cessation Curriculum:

Fresh Start

Tobacco Users Served:

Cigarette, cigar, pipe smokers, and smokeless/spit tobacco users

Program or Department Currently Providing Services:

Indian Health Service

Cost:

No fee, offered weekly and duration open-ended

Program Funded By:

Tribe and Indian Health Service

Description of Services:

The program is offered weekly (mornings) and addresses problem solving skills, skills training, stress management, basic information on tobacco use and strategies for quitting, encouragement to talk about the quitting process, provides self-help materials, relapse prevention, direct contact with a clinician for support, provides social support during program, traditional tobacco use and tribal ceremonies, visual aids, monitor CO2 level, and Cedar. *Services Offered:* Group counseling, individual face-to-face counseling, program responds to telephone calls for client counseling, self-help materials, and self-awareness. *Hours:* Tuesday 10:00AM – 11:00AM. *Language:* English. *Self-help:* Brochures, books, audiotapes and/or videotapes, materials from the Internet, and Cedar pouches. *Pharmacotherapy/Medication:* Nicotine patch, bupropion (Zyban), clonidine (Catapres), non-nicotine herbal remedies and traditional medicine provided directly to client at no cost regardless of smoking cessation coverage through their health insurance plan. *Childcare:* No. *ADA:* Yes. *Registration:* By telephone, in person, by referral from healthcare provider.

American Cancer Society

Telephone: 1-800-ACS-2345 (1-800-227-2345)

Internet address: www.cancer.org

American Heart Association & American Stroke Association

Telephone: 1-800-AHA-USA-1 or 1-800-242-8721

Telephone: 1-888-4-STROKE or 1-888-478-7653

Internet address: www.amhrt.org

Internet address: www.strokeassociation.org

American Lung Association

Telephone: 1-800-LUNG-USA or 1-800-548-8252

Internet address: www.lungusa.org

Centers for Disease Control and Prevention

Office on Smoking & Health

Telephone: 1-800-CDC-INFO or 1-800-232-6237

Internet address: www.cdc.gov/tobacco

Indian Health Service

Internet address: www.ihs.gov

National Cancer Institute

Cancer Information Service

Telephone: 1-800-4-CANCER 1-800-422-6237

Internet address: www.cancer.gov

Nicotine Anonymous

Telephone: 1-415-750-0328

Internet address: www.nicotine-anonymous.org

Oklahoma State Department of Health Tobacco Use Prevention Service

Telephone: 1-405-271-3619

Internet address: www.health.ok.gov

Oklahoma Tobacco Helpline

Telephone: 1-800-QUIT NOW or 1-800-784-8669

Internet address: www.tset.ok.gov/programs

Oklahoma Tobacco Settlement Endowment Trust

Telephone: 1-405-525-8738

Internet address: www.tset.ok.gov

Smokefree.gov

(Online materials, including info on state telephone-based programs)

Telephone: 1-800-QUITNOW or 1-800-784-8669

Internet address: www.smokefree.gov

Smoking Cessation Leadership Center

Telephone: 1-800-QUITNOW or 1-800-784-8669

Internet address: <http://smokingcessationleadership.ucsf.edu/>

Tobacco Stops With Me

Internet address: www.stopswithme.com

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