



What is AlcoholEdu® for High School?

High schools around the nation are combating underage drinking with an online alcohol prevention program designed specifically for today’s youth. AlcoholEdu for High School is an evidence-based, online alcohol prevention program that takes a project-based approach to learning, giving students the opportunity to travel through a community to better understand the risks around drinking alcohol. Developed by leading prevention experts at Everfi, the course provides an interactive experience that:

- Reduces support for underage drinking
- Improves knowledge of alcohol and its effects
- Motivates behavior change
- Supports safer, healthier decisions regarding alcohol

AlcoholEdu for High School helps students to manage the mixed messages they receive in a culture that too often encourages, rather than discourages, underage drinking. The course includes:

- Science-based, alcohol-related content
- Interactive exercises
- Pre-Test and Final Exam
- Surveys measuring attitudes and behaviors

Timing the course

Taken individually online, AlcoholEdu should take a typical student about 90 minutes to complete. **Note:** some students might require more or less time depending on the time it takes them to go through the surveys and the interactive portions of the course. If you are planning on delivering the course in 3, 30-minute in-class segments, here are some guidelines that might be helpful:

Session 1 (30 minutes)	Session 2 (30 minutes)	Session 3 (30 minutes)
<p><i>Brief introduction from teacher</i> <u>Login – New User:</u> give students website & your school code Highschool.alcoholedu.com <u>Registration:</u> create profile</p> <p>-Module 1: School *Contains Survey 1 *Contains Pre-Test</p> <p>-Module 2: Pizza Place -Module 3: TV Station</p>	<p><i>Brief introduction from teacher</i> <u>Login – Returning User:</u> go to same website: Highschool.alcoholedu.com sign-in with username & password created in session 1 registration</p> <p>-Module 4: Movie Theatre -Module 5: Research Lab -Module 6: Friend’s House</p>	<p><i>Brief introduction from teacher</i> <u>Login – Returning User:</u> <i>same as in Session 2</i> Highschool.alcoholedu.com</p> <p>-Module 7: Newspaper -Module 8: Town Hall -Module 9: My House *Contains Survey 2 *Contains Post-Test (graded) <i>Optional:</i> billboard project</p>

Learning Modules

The AlcoholEdu for High School Community

As students reach different points in the community (the town hall, a pizza place, a friend's house), they learn different concepts and “unlock” various tools to help them design a billboard containing positive messages they have learned throughout the course. This engaging, interactive format helps students understand how their decisions impact their own lives *and their community*.

Community Locations and Key Concepts:

1. **School**—Standard drink measurement
2. **Pizza Place**—Myths and facts about alcohol, accurate social norms data
3. **TV Station**—Alcohol expectancies, influences and community issues
4. **Movie Theater**—Blood alcohol concentration
5. **Research Lab**—Brain and body science
6. **Friend's House**—Peer pressure and decision-making
7. **Newspaper**—Addiction and community impact of alcohol
8. **Town Hall**—Underage drinking laws, policies, and social host liability
9. **My House**—Tips for talking to parents, setting personal goals



Supplemental Parents course: AlcoholEdu® for High School Parents

In addition to the students course, schools have unlimited licenses to the supplemental parents course. Schools should feel free to encourage all parents and adults in their communities to log-in and utilize this free resource.

AlcoholEdu for High School Parents is a 20-minute module that covers such parent-relevant topics as:

- **The latest research on underage drinking**
- **Tips and tools for talking to your teen about alcohol**
- **Strategies for setting rules and monitoring your teen**
- **Expert advice and links to resources**
- After completing the brief parent's module, they can continue on through the student's course to see what their teens are learning in AlcoholEdu for High School.

Remember: Research has shown that parents have the *greatest* influence on the decisions teens make about alcohol.

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