



**Students Working Against Tobacco
National Group Youth Advocates of the Year**

SWAT

WINS NATIONAL GROUP YOUTH ADVOCATES OF THE YEAR!

Comanche County Memorial Hospital is excited to announce that the Lawton-Ft. Sill SWAT (Students Working Against Tobacco) high school team has been named the National Group Youth Advocates of the Year!

The Group Youth Advocates of the Year Awards, sponsored by the Campaign for Tobacco-Free Kids, honors the outstanding work of young advocates who have taken the lead in holding the tobacco industry accountable for their efforts to market their products to youth.

The Lawton-Ft. Sill SWAT team is the first-ever national winner to come from Oklahoma. They will represent the Campaign for Tobacco Free Kids as this year's winning group. They will attend meetings with members of Congress in Washington, DC as well as a tobacco control symposium. They will also will work closely with the Campaign for Tobacco-Free Kids throughout the year as spokespeople with the media, contribute to Kick Butts Day guide and events, and participate in Ignite (a national youth-led anti-tobacco group).

The SWAT program is part of the CCMH tobacco prevention program. For more information about SWAT, call Ashley Herrin at 585-5406.

**Comanche
County
Memorial
Hospital**

Friday Focus

a Weekly Newsletter of
Comanche County Memorial Hospital

March 28, 2008



SWAT team members at a retreat at Turner Falls.

SWAT team wins national Youth Advocates of the Year Award

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The SWAT program is part of the CCMH tobacco prevention program. The youth-led movement is under the supervision of Ashley Herrin, Comanche County SWAT Coordinator and Sandy Foster, Grant Coordinator.

"This award is such an honor," said Sarah Byrd, President of the Lawton-Ft. Sill

SWAT team and Junior at MacArthur High School. "I hope this recognition will help us do even more to improve the community."



SWAT team members at their annual Legislative Breakfast hosted this year at CCMH. The breakfast is a forum designed to gain legislative support for smoke-free parks and a smoke-free Oklahoma.

According to Herrin, the award should help the team accomplish even more projects within the community because it comes with an additional grant to assist with tobacco control projects.

"There is not a lot of positive coverage of what youth are doing in our community," said Eisenhower Sophomore Chantal Rollerson. "We hope that this award will inspire the community to see youth positively and encourage more youth to join our program."

As national winners, the SWAT team will work closely with the Campaign for Tobacco-Free Kids throughout the year as spokespeople with the media, contribute to Kick Butts Day guide and events, participate

in Ignite (a national youth-led anti-tobacco group), and represent the Campaign at workshops and conferences. Past winners have helped pass local and state smoke-free workplace policies, have advocated to tobacco prevention funding and tobacco excise tax increases, and have helped build support for strong and effective FDA regulation of tobacco.

For more information about SWAT, call Ashley Herrin at extension 5406.



MacArthur High School SWAT team members heard the announcement Wednesday during class.

Diabetes Education moving to TMC

Effective Tuesday, April 1, Diabetes Education will be located in the Tomlinson Medical Complex, Suite 103.

Diabetes Education will be closed Friday, March 28 and Monday, March 31. They will re-open April 1.

Doctors' Day

March 31 ■ 2008

Thank you to all the physicians of CCMH for your hard work and dedication to your patients. Because of you, we are able to provide Southwest Oklahomans with some of the very best care in the state.

You do it Well!

We do it Well corner

Do you know a CCMH employee who Does It Well for those in or outside of our community by volunteering their talents or providing a unique service that betters the health or welfare of others? Let us know. Email beydlerm@ccmhonline.com and tell us their story.



Happy Birthday!

EMPLOYEES

- Mar 29** Maria Castillo, Connie McConnell, Rachel Morris, Anna-Maria Thomason, Lamont Miller, Wilma Biscaino, Kylah Crooms, Tish Ashouri, Christine Young
- Mar 30** Sherry Spicer, Benita Mullikin, Lailaninicole Wiggins, Dasha Miller
- Mar 31** Kimberly Gagnon, Michelle Stallings, Loretta Stewart, Doneitta Davis, Jeremiah Jackson, Stephanie Taylor
- Apr 1** Cynthia Chandler, Joyce Frazier, Lorre McDougle, Jill Penick, Kendra Plasecki, Jamie Robinson
- Apr 2** Barbara Alexander, Richard Freeman, Terry Gonzalez, April Holcomb, Shirley Pace, Lori Spottedhorse, Jimmy Williams
- Apr 3** Angel Grajiola, Michelle Landoll, James White
- Apr 4** Juanita Chaput, Elisha Schandua, Amanda Simpkins, Marina Tallent, Darla Tracy

VOLUNTEER

- Mar 23** Doris Rightmer



Nursing seminar to cover legal issues

On April 22, 2008, CCMH will be hosting a seminar entitled "Legal Issues in Nursing" in the Oakwood Conference Center from 1-5 p.m.

Attendees will learn about a nurse's responsibility in regards to:

- documentation,
- delegation, and
- licensure and litigation issues.

Those wanting to attend must pre-register by April 15. For more information, please contact Education at extension 3505.



Celebrating Success

Congratulations! We salute your achievement.

Sheela McKenney

Case Management,

received her LCSW

(Licensed Clinical Social Work)

certification!

Do you or someone you know within the CCMH family have an achievement to share such as a graduation, certification or other special recognition? Call extension 5406 or e-mail beydlerm@ccmhonline.com

Germ Stop In-service

Come In & Experience...

- Answers about MRSA & C-diff
- View germs under a microscope
- How to clean equipment
- Proper hand washing
- Housekeeping secrets
- Isolation procedures

April 24 • 6 a.m. - 4 p.m.

Maple 1 & 2

All employees encouraged to attend



Melodie Graham

AM & PM Clinic



Brian Graham

are pleased to announce the birth of their daughter

Carley Jade Graham

March 19, 2008 @ 10:15 p.m.

7 lbs., 10 oz. and 21" long

If you have an event you would like to announce, such as an engagement, anniversary, wedding or birth, drop a note in the Tell Me Why box located in the hallway behind the kitchen on the ground floor or e-mail beydlerm@ccmhonline.com.

Friday Focus Features

AUTOMOBILES

'01 Convertible Ford Mustang - White, 37k miles, 6 disc CD changer, leather, mach stereo system, \$12,000 OBO. Call 483-7155 after 5 p.m. 03/21

'01 Kia Rio - 4 cyl, 100k miles, \$1,500 OBO. Call 606-9944 after 5 p.m. 03/21

CLOTHING

Designer Wedding Gown - Purchased from New York Trunk Show at Dallas's Mockingbird Bridal Boutique, never worn, size 4-6, to be altered, ivory silk. Serious interests will discuss price. Call 536-3743. 03/28

MISCELLANEOUS

For Sale - Scrubs \$5 & up, sizes small to large; chest \$25, corner shelf \$15. Call 512-9808. 03/28

Do you have something for sale and would like to place it in the Friday Focus Features? E-mail beydlerm@ccmhonline.com or fill out a form located under the Tell Me Why box in the Dietary hallway. Personal phone numbers only; hospital cell phones, pagers or extensions cannot be listed.

Please Tell Me Why...

Name _____ Dept. _____ Ext. _____

Do you wonder why things are as they are? Would you like to know more? Complete a Tell Me Why form found at the Tell Me Why box located next to the time clock, behind the kitchen on the ground floor. Make sure you include your name and extension when submitting Tell Me Why questions. We cannot answer your question without this information.