

# Oklahoma Child Labor Law



Oklahoma Department of Labor  
Mark Costello  
*Commissioner of Labor*

## 14

Fourteen (14) years is the  
minimum age for work.

## Work Permits

*Issued by the school*

14 and 15 year-olds are required  
to get a work permit from their  
school before work begins.

## Hours of Work

14 and 15 year-olds may work:

*From Tuesday after Labor Day to  
May 31st*

3 hours on a school day;  
8 hours on a non-school day;  
18 hours in a school week  
between 7 a.m. and 7 p.m.

*From June 1st to Labor Day*

8 hours on a non-school day;  
40 hours in a non-school week  
between 7 a.m. and 9 p.m.

*Break Periods*

30 minutes for every 5 hours worked;  
1 hour for every 8 hours worked

## Some Work Restrictions

*Minors under 16 years CAN NOT be employed in work related to:*

- Construction
- Cooking or baking
- Fryers or grills
- Hoisting devices
- Ladders or scaffolds
- Lawn mower & weed eater,  
*other than working for self*
- Loading / unloading
- Manufacturing, mining or processing
- Motor vehicles or service as helpers  
on vehicles
- Power-driven machines or equipment
- Public messenger service
- Public utilities and communications
- Slicers or sharp knives
- Transportation of persons or property  
by rail, highway, air, water, pipeline  
or other means
- Warehousing or storage
- Youth peddling

and any occupation declared particularly hazardous by federal law, federal regulations or the Commissioner of Labor.

## Questions?

Oklahoma Department of Labor  
Employment Standards Division  
Child Labor Unit  
3017 North Stiles, Suite 100  
Oklahoma City, OK 73105  
405-521-6100  
1-888-269-5353  
[www.labor.ok.gov](http://www.labor.ok.gov)