

OKLAHOMA BOARD OF NURSING
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Registered Nurse Administering, Managing and Monitoring
Non-Obstetrical Patients Receiving Analgesia/Anesthesia by Catheter Techniques
(Epidural, PCEA and Intrathecal Catheters) Guidelines

The Oklahoma Board of Nursing has reviewed the practice of registered nurses in administration of analgesic agents and analgesic doses of anesthetic agents via catheters/infusion devices for the purpose of pain control. These guidelines exclude the Labor and Delivery setting. [See: Registered Nurse Monitoring Obstetrical Patients Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural, PCEA and Intrathecal Catheters) Guidelines - #P-04].

I. Definitions:

- A. **Analgesia/Anesthesia by Catheter Techniques:** Administration of medication for analgesia/anesthesia via epidural, including patient-controlled epidural analgesia (PCEA), or intrathecal catheters:
1. **Analgesia:** Insensibility to pain without loss of consciousness.¹
 2. **Anesthesia:** Local or general insensibility to pain with or without the loss of consciousness, induced by an anesthetic, which is a drug that induces partial or total loss of sensation and may be topical, local, regional, or general, depending on the method of administration and area of the body affected.²
 3. **Epidural Analgesia:** Anesthesia produced by injection of a local anesthetic into the peridural space of the spinal cord beneath the ligamentum flavum -- called also peridural anesthesia.¹
 4. **Epidural Space:** The space outside the dura mater of the brain and spinal cord.³
 5. **Intrathecal:** Within the spinal canal; within a sheath.³
 6. **Intrathecal [Spinal] Anesthesia:** Anesthesia produced by injection of anesthetic into the subarachnoid space.³
 7. **Intrathecal Space (or Subarachnoid Space):** The space between the pia mater and the arachnoid, containing the cerebrospinal fluid.³
 8. **Patient-Controlled Epidural Analgesia (PCEA):** Relief of pain, without loss of consciousness, through an analgesic agent [in the epidural space] administered by the patient.⁴
- B. **Dermatome:** A band or region of skin supplied by a single spinal nerve.³
- C. **Initial Injection:** The first medication administered by a qualified anesthesia provider.

II. Education/Training:

The Registered Nurse administering medications via the catheter route must have documented education and must assure that her/his practice is guided by agency policies and procedures with documented competency. Education and documentation of competency occurs on a periodic basis. The education must include, but is not limited to, the following:

- A. Anatomy and physiology of the spinal cord and column, dermatomes and location of catheter placement;
- B. Pharmacology and complications related to the analgesia/anesthesia technique and medication;
- C. Assessment of the patient's dermatome levels and total care needs during analgesia/anesthesia, including patient's vital signs, motor function, level of consciousness and perception of pain;
- D. Utilization of monitoring modalities, interpretation of physiological responses and initiation of nursing interventions to ensure optimal patient care;
- E. Anticipation and recognition of potential complications of the analgesia/anesthesia in relationship to the type of catheter/infusion device and medication being utilized;
- F. Recognition of emergency situations and implementation of nursing interventions in compliance with the anesthesia provider's or attending physician's guidelines and orders;
- G. The cognitive and psychomotor skills necessary for use of mechanical infusion devices; and,
- H. Knowledge and skills required for catheter removal.

III. Policies and Procedures:

- A. The following policies and procedures, developed in conjunction with the anesthesia/analgesia providers, must be available in writing within the employing facility and must be available to the Registered Nurse administering epidural medications via catheter technique:
 - 1. Patient monitoring, including dermatome levels, patient's vital signs, motor function, level of consciousness and perception of pain;
 - 2. Drug administration;
 - 3. Protocols for handling potential complications or emergency situation;
 - 4. Patient-controlled analgesia;
 - 5. Infusion pump programming;
 - 6. Types of tubing and catheters used in the facility to minimize the opportunities for errors to occur, such as tubing misconnections and interconnectivity issues; and
 - 7. Catheter maintenance and removal.
- B. The initial dose and initial connection of the analgesia/anesthesia catheter/infusion device will be administered by a qualified anesthesia provider with authorization through clinical privileges to administer epidural and spinal anesthesia.

- C. The Registered Nurse assuming care of the client with an analgesia/anesthesia catheter/infusion device does not do so until the provider who placed the catheter/infusion device has verified and documented correct catheter placement, and the client's vital signs have stabilized.
- D. The Registered Nurse may adjust (titrate) dosing on a continuous basis within patient-specific dosing parameters established by an individual authorized by law to prescribe.

IV. Responsibilities of the Registered Nurse Assuming Monitoring of the Care of Patients Receiving Analgesia/Anesthesia by Catheter Techniques:

Following stabilization of vital signs after the initial insertion, initial injection, bolus injection, rebolus injections or initiation of continuous infusion by a licensed, credentialed anesthesia care provider, the non-anesthetist Registered Nurse in communication with the anesthesia care providers may:

- A. Monitor the patient's vital signs, motor function, dermatome levels, level of consciousness, and perception of pain;
- B. Replace empty infusion syringes or infusion bags with new, pre-prepared solutions containing the same medication and concentration, according to orders provided by the anesthesia care provider;
- C. Stop the continuous infusion if there is a safety concern;
- D. Remove the catheter upon receipt of a specific order from a qualified anesthesia or physician provider, when educational criteria have been met and institutional policy allows;
- E. Initiate emergency therapeutic measure according to institutional policy and/or protocol if complications arise; and
- F. The non-anesthetist Registered Nurse should communicate any nursing assessments or changes in patient status to the anesthesia care providers as indicated by institutional policy.

V. References:

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4. National Library of Medicine - Medical Subject Headings. (2003 MeSH). *Analgesia, patient-controlled [E03.091.120]*. [On-line]. Retrieved April 09, 2008, from http://medlineplus.gov/cgi/mesh/2003/MB_cgi?term=Analgesia,+Patient-Controlled&%20%09field=entry

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