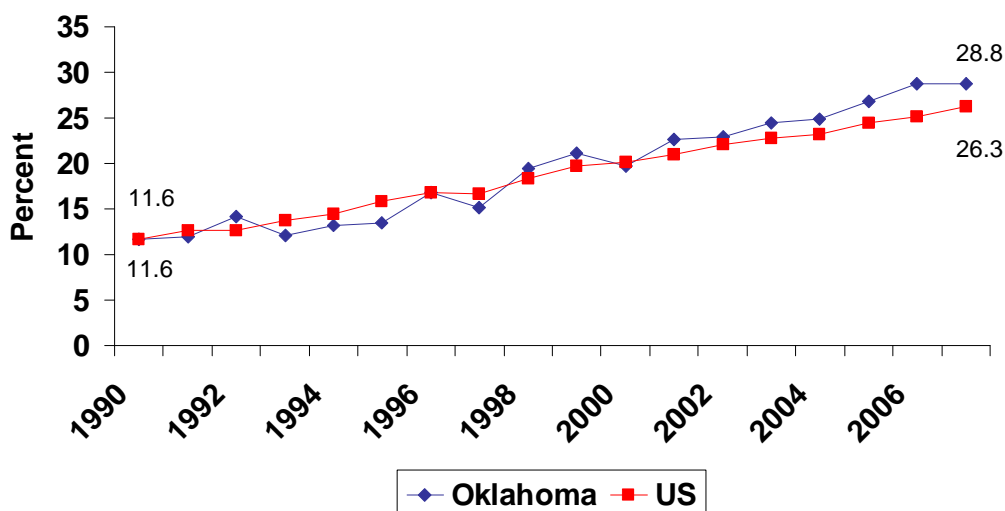


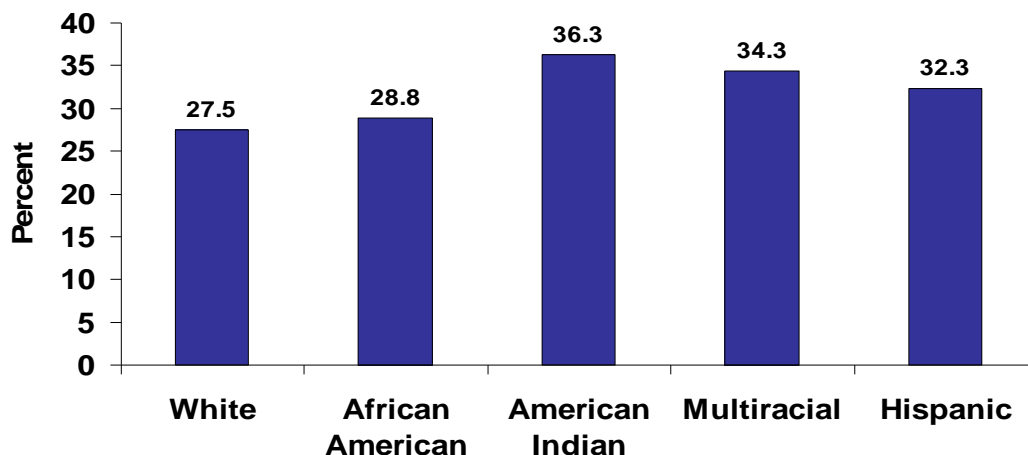
Overweight and Obesity

- In 2007, Oklahoma ranked 8th in the nation (28.8%) and was above the national median of 26.3% for prevalence of obesity among adults.¹
- More than six out of ten Oklahoma adults are overweight, and more than one out of every four is obese.¹
- The prevalence of obesity among Oklahoma adults has more than doubled since 1990; however the prevalence did not increase from 2006 to 2007.²
- In 2007, approximately one in seven Oklahoma high school students (14.7%) were obese and an additional one in seven (15.2%) were overweight.³
- In 2003-2004, 15.4% of Oklahoma children/youth ages 10-17 were obese.⁴

Oklahoma and US Adult Obesity Trends
1990-2007 BRFSS



Oklahoma Adult Obesity Prevalence by Race/Ethnicity
2007 BRFSS



1. 2007 Behavioral Risk Factor Surveillance System (BRFSS)

2. 1990, 2006, and 2007 Oklahoma BRFSS

3. U.S. Centers for Disease Control and Prevention. "Youth Risk Behavior Surveillance – United States, 2007." Morbidity and Mortality Weekly Report 57, no. SS-4 (2008).

4. 2003-2004 National Survey of Children's Health. Available at www.nschedata.org