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\*Adobe Reader® users will need to print the form after filling it out electronically, then submit the form by mail or fax.

## OKLAHOMA BREASTFEEDING LEGISLATION CARDS ORDER FORM

Free wallet cards are now available to the public. These cards explain the breastfeeding laws that have been passed in Oklahoma. In 2004, legislation was passed acknowledging that mothers have the right to breastfeed in public places and also exempting breastfeeding mothers from jury duty. In 2006, another law was passed encouraging employers to accommodate breastfeeding mothers in the workplace by adopting policies and practices that support breastfeeding.

**Please respond with the number of cards that you would like to receive and the address where you would like the cards mailed. Cards are free of charge.**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Name of Facility \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone Number \_\_\_\_\_ E-mail \_\_\_\_\_

Cards are available in English and Spanish. There are 200 cards per box. Please indicate the number of boxes (or cards) you would like to order.

I am requesting \_\_\_\_\_ boxes or \_\_\_\_\_ cards (if fewer than 200) in **English**.


I am requesting \_\_\_\_\_ boxes or \_\_\_\_\_ cards (if fewer than 200) in **Spanish**.

**KNOW YOUR RIGHTS... IT'S THE LAW!**

**Oklahoma Laws**

**2004** Mothers have the right to breastfeed anywhere they have a right to be, and shall be excused from jury duty upon request. **HB 2102**

**2006** Breastfeeding mothers may use unpaid break and meal times to breastfeed or express breastmilk at work. Employers are urged to provide a private area (other than a toilet stall) for this purpose. **HB 2358**



**For questions or additional information, contact:**

[Ardith Sheaffer](#)  
 ext. 50017  
**405.271.4676** or  
**1.888.655.2942**

**Please e-mail, fax, or mail completed form to:**

Oklahoma State Department of Health  
 WIC Service  
 2401 NW 23<sup>rd</sup> Street, Suite 70  
 Oklahoma City, OK 73107-2475  
 405.271.5763 (fax)



- ♥ Have you visited a business that was breastfeeding friendly?  
Let us know and they will receive a thank you letter.
- ♥ Have you been asked to leave a public place because you were breastfeeding?  
Tell us and we will send a letter with information about the new laws.

**Call 405-271-4676 or 1-888-655-2942**  
[www.health.ok.gov/program/breastfeeding](http://www.health.ok.gov/program/breastfeeding)  
 The Oklahoma State Department of Health is an equal opportunity provider.

