

Pontotoc County Turning Point & Systems of Care

Pontotoc County

2008

Coalition Priorities:

1. Physical Activity and Nutrition
2. Wrap Around Services
3. Coalition Expansion and Development
4. Worksite Wellness
5. Alcohol, Tobacco, and other Drug Prevention
6. Mental Health Court Establishment

About Us...

Pontotoc County Turning Point is a young coalition that is working very hard to improve the health of their community. This group recently merged with the Pontotoc County Systems of Care Project which strengthened their membership and broadened their goals. They continue to expand their partnership while expanding their involvement in the community and working to bring needed resources to Pontotoc County.

The group has continued to hold monthly Walk This Weigh Events to encourage the community to get out and get moving. Each month they have a different themed walk and provide pedometers and other incentives to participants. They have not only established a regular community group that walks but have new community members attend walks as well.

The coalition has assisted with focus groups on the topic of worksite wellness. They are working with community businesses to improve their worksite wellness policies and partnered with the OK State Department of Health to hold a Make It Your Business Training. Valley View Hospital in Ada served as a pilot project for the Make It Your Business Toolkit.

Pontotoc County Turning Point and Systems of Care is an active part of their community and is well on their way to improving the health of the families and community members of their area.

Partners:

Valley View Regional Hospital
Pontotoc County Health Department
Ada Regional United Way
Chickasaw Nation
Success by Six
Area Prevention Resource Center
2-1-1
McCortney Family Hospice
East Central University
Tri-County Indian Nations CDC
Ada Jobs Foundation
Ada Schools
Boys and Girls Club
Even Start
Oklahoma Parents as Teachers
ECU Child Care Resource & Referral
Ada PACT Team
Pontotoc Technology Center
OK Commission on Children and Youth
Youth and Family Services
Pontotoc County DHS
Youth Shelter
ODMHSAS

Key Activities:

- Monthly Walk This Weigh
- Community and School Education
- Coalition Building
- Community Mobilization
- Systems of Care/Wrap Around Services provided
- Worksite Wellness Initiative

Significant Outcomes:

- ◆ Over 10 Walk This Weigh Events Held
- ◆ Educational Presentations in Area Schools
- ◆ Merger with Systems of Care
- ◆ Make It Your Business Training Held
- ◆ Increase in number of tobacco free policies

WALK THIS WEIGH

Start the year off right, resolve to walk 30 minutes a day, three times a week. We'll help you get started!



When: Monday, January 21, 2008
5:30 –6:30

Where: East Central University
(Upstairs in the Wellness Center)