

SMOKING AMONG ADULTS



Prevalence

48.8% of Oklahoma adults have ever smoked cigarettes

White – 50% Male – 57%
African American – 46% Female – 42%
Native American – 70%
Hispanic – 42%

25.1% of Oklahoma adults currently smoke cigarettes

White – 25% Male – 28%
African American – 25% Female – 22%
Native American – 34%
Hispanic – 22%

18.9% of Oklahoma adults currently smoke cigarettes every day

White – 19% Male – 20%
African American – 17% Female – 18%
Native American – 25%
Hispanic – 13%

Cessation – Current Smokers

59% were advised to quit by a health professional
57% made a serious attempt to stop smoking in the past year
65% are seriously thinking about quitting in next six months
21% plan to quit in next 30 days
63% expect to quit at some time in the future
62% believe they will be successful at giving up smoking altogether

Secondhand Smoke (SHS)

96% of Oklahoma adults think smoke from others is harmful to children
91% of Oklahoma adults think smoke from others is harmful to adults
24% of Oklahoma adults live in homes where other adults smoke
15% of indoor workers are exposed to smoke in work area
26% of Oklahoma adults rode in a car with someone who smoked in the past week

Smoking Policy

72% of households do not allow smoking anywhere in the house
79% of households with children do not allow smoking anywhere in the house
80% of indoor workers work where smoking is not allowed anywhere in the worksite
83% of indoor workers work where smoking is not allowed in public or common areas
88% of indoor workers work where smoking is not allowed in work areas

Highlights

1 in 2 adults have smoked cigarettes

1 in 4 adults currently smoke cigarettes

1 in 5 adults currently smoke cigarettes every day

2 in 3 smokers are seriously thinking about quitting.

1 in 2 adults have made a serious attempt to stop smoking during the past year

1 in 4 adults live in homes where other adults smoke

3 in 4 households with children do not allow smoking anywhere in the house

4 in 5 workers are protected from secondhand smoke at their workplace

Data Sources: Oklahoma has two primary sources of data on tobacco use among adults – The Behavioral Risk Factor Surveillance System (BRFSS) and the Oklahoma Adult Tobacco Survey (OATS). The BRFSS, a national telephone-based surveillance system, includes data on the prevalence of behavioral risk factors. It is conducted every year. Over 6,000 Oklahomans were interviewed in 2006. The BRFSS includes information on cigarette smoking, environmental tobacco smoke (ETS) policies, and cessation. The OATS is a telephone-based survey of adults 18 years of age or older; it was conducted for the first time in 2002 and is conducted every two to three years. Over 2,500 Oklahoma adults were interviewed in 2004. The OATS includes data on tobacco use, cessation, environmental tobacco smoke, and attitudes towards tobacco policies.



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