

LPC ACADEMIC WORKSHEET

Applicant's name: _____ Date: _____

University: _____ Degree: _____

CORE COURSES – All courses must be 3 hours* (total at least 27 hours)

Human growth and development – at least 1 course. Any course which deals with the process stages of human intellectual, physical, social and emotional development of any of the stages of life from prenatal through old age.

1. _____

Abnormal human behavior – at least 1 course. Any course which offers a study of the principles of understanding dysfunction in human behavior or social disorganization.

1. _____

Appraisal/assessment techniques – at least 2 courses. Any course which deals with the principles, concepts and procedures of systematic appraisal, assessment, or interpretation of client needs, abilities, and characteristics, which may include the use of both testing and non-testing approaches.

1. _____ 2. _____

Counseling theories/methods – at least 2 courses. Any course which surveys the major theories and/or techniques of counseling.

1. _____ 2. _____

Professional orientation/ethics – at least 1 course. Any course which deals primarily with the objectives of professional counseling organizations, codes of ethics, legal aspects of practice, standards of preparation and the role of persons providing direct counseling services.

1. _____

Research – at least 1 course. Any course which deals with the methods of social science or mental health research which includes the study of statistics or a thesis in an area relevant to the practice of counseling.

1. _____

Practicum/internship - at least 1 course equaling at least 300 clock hours. An organized practicum with planned experiences providing classroom and field experience with clients under the supervision of college or university approved counseling professionals.

1. _____

ELECTIVE COURSES – at least 5 courses of at least 3 hours each (total at least 15 hours)

A. Group dynamics

I. Gerontology

B. Life style & career development

J. Human sexuality

C. Social & cultural foundations

K. Counseling with children/adolescents

D. Personality theories

L. Clinical supervision

E. Crisis intervention

M. Psychopharmacology

F. Marriage/family counseling

N. Consultation

G. Addictions counseling

O. Physical & Emotional Health

H. Rehabilitation counseling

P. Specialty areas (none established)

ADDITIONAL COURSES to reach the 60-hour requirement may be 1 or 2 hour courses from any of the areas listed above.

*A 2-hour course with a 1-hour companion directed reading qualifies as a 3-hour course