



## Oklahoma Arthritis Network (OAN) 2003 Calendar of Events

### **January**

Jan 7 OAN Steering Committee, Oklahoma State Dept. of Health

Jan 16 Arthritis Foundation (AF) Arthritis Self Help Course Evaluation Training for Trained Leaders at the Oklahoma State Department of Health

Jan 17 AF Arthritis Self Help Course. Stephens County Health Department Duncan (580) 252-1141.

Jan 21 AF Arthritis Self Help Course. Caddo County Health Department Anadarko, (405) 247-2507

Jan 23 “Health Communications: Promoting Physical Activity Among People with Arthritis.” Satellite Conference, Oklahoma State Department of Health, 11:45a – 3p. CDC

### **February**

Feb 1 “The Mystery of Lupus” – sponsored by the Native Indian Women’s Health Resource Center, Oklahoma Lupus Association and the Oklahoma Medical Research Foundation.

Anadarko (405) 247-2507

Feb 6 Oklahoma Arthritis Network Meeting  
Oklahoma State Department of Health, OKC

Feb 13 AF Arthritis Self Help Course. Glorietta Baptist Church, Oklahoma City, (405) 948-4900, x 268

Feb 18 AF Arthritis Self Help Course. Hands Plus Therapy, Tulsa  
(918) 459-9305

Feb 27 AF Arthritis Self Help Course. Norman Regional Hospital  
(918) 459-9305

### **March**

Mar 3 – 7 Juvenile Arthritis Awareness Week

Mar 5 AF Arthritis Self Help Course.  
Mabel Fry Library, Yukon  
(405) 262-0042

Mar 8 Oklahoma Arthritis Network Meeting  
Oklahoma State Department of Health, OKC

Mar 8 Cleveland County Family YMCA, Norman, OK  
“The Importance of Physical Activity”  
Speaker: Karen Ross, MD  
OU College of Medicine

Mar 14 Arthritis Foundation (AF) Arthritis Self Help Course.  
Center for Creative Living, Lawton  
(580) 248-5890

Mar 2003 AF Arthritis Self Help Course.  
Delaware County Health Department, Jay  
(918) 253-4511

Mar 2003 AF Arthritis Self Help Course.  
Harper County Health Department, Laverne  
(580) 921-2029

Mar 2003 AF Arthritis Self Help Course.  
Kingfisher County Health Dept., Kingfisher  
(405) 375-3008

#### **April**

Apr 3 AF Arthritis Self Help Course.  
Adair County Health Department, Stilwell  
(918) 696-7292

Apr 10 “Seniors Let’s Get Physical”  
Senior Partners  
(9 – 11 a.m.) OSU-OKC, 900 N. Portland, OKC

(2 – 4 p.m.) Oklahoma Arthritis Network  
Oklahoma State Department of Health, OKC  
Call (405) 271-6127 for details.

Apr 24 AF Arthritis Self Help Course.  
Mercy Hospital, Oklahoma City  
(405) 936-5264

Apr 26 EMS MedFile Bethany Pilot Project  
Deaconess Hospital - Bethany

Apr 26 Asian Spring Health Fair  
Trinity International Baptist Church, OKC

April 2003 Arthritis Self Help Course.

Grant County Health Dept., Medford  
(580) 395-2906

**May 2003**  
**Arthritis Month**

Media Campaign. "Physical Activity. The Arthritis Pain Reliever".

May 4 Arthritis Foundation (AF) Arthritis Walk sponsored by Eastern OK Chapter, Tulsa  
Call (918) 743-4526 for details.

May 6 29th Annual Oklahoma Conference on Aging  
"Healthy Aging - Reducing the Impact of Arthritis"  
· Teresa Brady, PhD, CDC Arthritis Program  
"Arthritis Self Management: Self Management Education and Physical Activity"  
· April M. Borg, MN, RN, Saint Francis Hospital, Tulsa,  
"Managing Chronic Pain – A Wise Investment"  
· Marisa New, MPH, OTR  
"The Oklahoma Arthritis Action Plan"  
Call (405) 522-6240 for more details.

May 6 AF Arthritis Self Help Course  
Blaine County Health Department, Watonga  
(580) 623-7977

May 7 Public Health Grand Rounds  
"Reducing the Impact of Arthritis: Public Health Strategies"  
Teresa Brady, Ph.D., CDC Arthritis Program  
Senior Behavioral Scientist, National Center for Chronic Disease  
University of Oklahoma Health Sciences Center  
College of Public Health, Oklahoma City  
Contact: Kathryn-Adkins@ouhsc.edu for more details.

May 8 Oklahoma Arthritis Network Quarterly Meeting  
"Synergy Between the National, State and Local Arthritis Efforts"  
Highlighted Speaker: Teresa Brady, PhD, CDC Arthritis Program  
Oklahoma State Department of Health, OKC  
(Videoconferencing Available)  
Contact Marisan@state.health.ok.us for more details.

May 8 AF Arthritis Self Help Course  
Logan County Health Department, Guthrie  
(405) 282-3485

May 10 Deaconess Hospital Arthritis Walk & Health Fair, OKC  
State Fairgrounds

Contact: Arthritis Foundation, (405) 936-3366

May 13 Senior Health on the Go, Arbor House, Norman, OK

“Good News About Hip and Knee Pain”

Speaker: Todd Owens, PT

OU Medical Center

Call (405) 206-1938 for more information.

May 14 State Wellness Meeting

“Arthritis: A Public Health Problem”

Marisa New, OTR, MPH

Sequoyah Building, OKC

May 16 “Managing Your Arthritis” – Frank Delafied, MD

“The Oklahoma Arthritis Action Plan” Norma Goff, OAN Chair

Mercy Hospital, OKC

For more information call (405) 752-3600

May 17,18 “Oklahoma Gardening” segment focused on arthritis friendly tools. Oklahoma ABLE Tech.

May 22 (6:30 p.m.) Redlands Community College, El Reno

“Physical Activity: A New Approach for Arthritis

Management” - Karen Ross M.D.

University of Oklahoma, Dept. of Geriatric Medicine

May 22 The Fountains at Canterbury

“The Many Faces of Arthritis”

Ana Quintero, M.D. – Oklahoma Medical Research Foundation

May 28 Senior Health Fair: 9a-12p, Lighthouse Fitness Center, OKC

This event is held in conjunction with National Senior Fitness Day.

May 2003 AF Arthritis Self Help Course.

Lincoln County Health Department, (405) 258-2640

## **June**

June 5 Oklahoma Arthritis Network Meeting, 2:00p – 4:00p, Room 314

Oklahoma State Department of Health, OKC

1000 NE 10th St., OKC (405) 271-5600 for directions.

June 6 Senior Health Fair: YMCA of Greater OKC, Downtown YMCA in conjunction with National Seniors Day. Contact 405/733-9622 for more information.

June 12 “Arthritis: A Public Health Problem”

Oklahoma Department of Agriculture and Forestry, OKC

Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

June 21 “Arthritis: A Public Health Problem”  
National Association of Retired Federal Citizens  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

June 25-26 The Summer Geriatric Institute.  
OU College of Continuing Education, Norman, Ok  
For details call Linda Womack at (405) 271-8199  
· “ACR Guidelines & Pain Management  
of Arthritis”  
JillMarie Yanchick, PharmD.

June 26 Aging Coalition of Edmond, OK Christian Community Center  
“Physical Activity for Arthritis”  
Karen Ross, MD – OU College of Medicine  
Contact: (405) 974-2543

## **July**

July 7 Love County Taskforce/Turning Point Coalition  
“Arthritis: A Public Health Problem”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program  
Love County Library, Marietta, OK

July 16 Charles Atkins Senior Center Health Fair  
Martin Luther King Blvd, OKC

July 30 Spanish Cove Life Care Retirement Village  
“Arthritis: What can you do?”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program  
Yukon, OK - 2:00 p.m.

## **August**

Aug 4 The Fountains at Canterbury  
“Arthritis: A Public Health Problem”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program  
Oklahoma City – 3:00 p.m.

Aug 7 Oklahoma Arthritis Network (OAN) Meeting  
1000 NE 10th St., OKC, OK – Room 314  
Oklahoma State Department of Health, OKC, 2:00 p.m.

Feature Presentations:

“Biomedical Research in Oklahoma”

- Steve Biggers, OCAST, Director R&D

“Arthritis, OCAST and Hyalose”

– Paul DeAngelis, PhD

Associate Professor, OUHSC, Dept. of Biochemistry and Molecular Biology

Aug 21 Mended Hearts Support Group

Pacer Fitness Center, Oklahoma City

“Arthritis: What You Can Do”

Marisa New, OTR, MPH

OSDH Arthritis Prevention and Education Program

7:00 p.m.

**September**

Sep 4 Oklahoma Arthritis Network (OAN) Meeting

“Joint Replacement: When Is It Necessary?”

Speaker: Charles Bryant, MD

INTEGRIS Joint Replacement Center, BMC

1000 NE 10th St., OKC, OK – Room 314

2:00 p.m. Call (405) 271-9444, ext. 56410.

Sep 9 Oklahoma Municipal League

Tulsa, OK

OAN Advocacy Committee

Lido Restaurant, OKC

Please call (405) 848-3819 to RSVP

Sep 12 “Arthritis: What can you do?”

Marisa New, OTR, MPH

OSDH Arthritis Prevention and Education Program Presentation/Exhibit

Antioch Church

2705 S Agnew, OKC

Sep 16 Health Care Coordinators of Oklahoma

Quail Ridge Assisted Living, Oklahoma City

“Arthritis: A Public Health Problem”

Marisa New, OTR, MPH

OSDH Arthritis Prevention and Education Program

11:30 a.m. Call 405/755-5775 for more details.

Sep 19 SODA Area Agency on Aging, Grantees Meeting

“Arthritis: A Public Health Problem.”

Marisa New, OTR, MPH

OSDH Arthritis Prevention and Education Program Ardmore, OK

Sep 26 Jackson County Health Department  
“Arthritis: A Public Health Problem”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program  
Altus, OK

Sep 27 “Faith, Hope and Health”  
First Annual Tabernacle Baptist Church Congregational and Community Health Fair,  
Oklahoma City  
“Don’t Sit Still for Arthritis”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

Sep 30 OAN Steering Committee Meeting

### **October**

Oct 2 Oklahoma Arthritis Network (OAN) Meeting  
1000 NE 10th St., OKC, OK – Room 314  
Oklahoma State Department of Health  
2:00 p.m. Oklahoma Medical Research Foundation to present.

Oct 6 Shedeck Elementary School, Yukon  
Schools for Healthy Lifestyles Arthritis Presentation  
Speaker: Ana Quintero, MD (Pediatric Rheumatologist)  
Oklahoma Medical Research Foundation

Oct 7 Texas County Turning Point Partnership, Guymon  
“ARTHRITIS: Its Impact on Oklahoma”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

Oct 10 Annual American Society of Hand Therapists Conference  
Melanie Trook, OTR, CHT and Marisa New, OTR, MPH Hollywood, CA

Oct 16 OK Assoc for Health, Physical Education, Recreation and Dance University of  
Central Oklahoma, Edmond  
OAHPERD Health Fair  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

AF Arthritis Self Help Course, Woodward  
Woodward County Hospital  
Call (800) 627-5486

Oct 23 Jackson County Turning Point Coalition, Altus

“Arthritis: Its Impact on Oklahoma”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

Oct 30 DHS Foster Grandparents Program, OKC  
“Arthritis: Its Impact on Oklahoma”  
Norma Goff, RN  
OSDH Arthritis Prevention and Education Program

### **November**

Nov 6 Oklahoma Arthritis Network (OAN) Meeting  
1000 NE 10th St., OKC, OK – Room 314  
Oklahoma State Department of Health, 2:00 p.m.

Nov 15 “OKC Doesn’t Sit Still for Arthritis”  
Physical Activity: The Arthritis Pain Reliever, No.1  
OSU-OKC, Oklahoma City

Nov 20 DHS Foster Grandparents Program, Enid  
“Arthritis: Its Impact on Oklahoma”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

Mended Hearts Group, OKC  
“ARTHRITIS: Its Impact on Oklahoma”  
Marisa New, OTR, MPH  
PACER Fitness Center

### **2004**

#### **January**

Jan 8 Oklahoma Arthritis Network Meeting  
(Videoconference Capabilities)  
Oklahoma State Department of Health  
1000 NE 10th Street, OKC

#### **March**

March 4 Oklahoma Arthritis Network Meeting  
Oklahoma State Department of Health  
1000 NE 10th Street, OKC

Mar 25-26 Oklahoma Minority Aging Taskforce Conference, OKC  
“Arthritis: Its Impact on Oklahoma”  
Marisa New, OTR, MPH  
OSDH Arthritis Prevention and Education Program

**May**

May 6 Oklahoma Arthritis Network Meeting  
(Videoconference Capabilities)  
Oklahoma State Department of Health  
1000 NE 10th Street, OKC

**June**

Jun 3 Oklahoma Arthritis Network Meeting  
Oklahoma State Department of Health  
1000 NE 10th Street, OKC

**July**

Jul 1 ----OAN will not meet---

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: [marisan@health.state.ok.us](mailto:marisan@health.state.ok.us)