



Oklahoma Arthritis Network (OAN)

Thursday, November 3, 2005

MINUTES

Attendees:

Debora Adams, OSDH Community Development, PACE Leader
Steve Fontenot, OUHSC College of Nursing
Robert Griffin, Logan County Health Department
Nick Hickman, Logan County Health Department
Traci House, Wellness Coordinator-OSDH
Shona Lennon, Arthritis Foundation, OK Chapter, OKC
Marisa New, OTR, MPH, OSDH Arthritis Prevention and Education Program
Kjulonda Ogles, Oklahoma Primary Care Association
Betsy Replogle, OAN Vice Chair, Patient Advocate
Christine Roberts, CHR
Richa Ross, Avery Chapel, African Methodist Episcopal Church
Shirley Payne, Dept. of Rehabilitation Services
Karole D. Smith, Lawton Indian Hospital
Tyler Tims, OUHSC College of Nursing
Cynthia Trent, Home Watch Caregivers
Kimberly Watley, COINS
Carla Wilhite, ABLE Tech AgrAbility Project
Teresa Bailey, Garfield County Health Department (VC)
Janie Pennington, Johnston County Health Department (VC)
Donna Anderson, Muskogee County Health Department (VC)
Linda Smith, Rogers County (VC)
Shawna Copenhaver, Woods County (VC)
Lillie Burnidge, Woods County (VC)
Grace Turn, Woods County (VC)
Gene, Woods County (VC)
Lynn Madsen, OEDA, Beaver County Health Department (VC in Woodward County)
Karen Laubhan, Woodward County (VC)
Mary Joe Meyer, Woodward County (VC)
Ralph Person, Woodward County Health Department (VC)
Christine Person, Woodward County (VC)
Odalee Craighead, Woodward County (VC)
Bill Heaton, PACE Leader, Woodward County (VC)

VC = Video Conferencing

I. Welcome – Betsy Replogle, Interim OAN Chair

New OAN Members: Steve Fontenot, Traci House, Kae Massey, Christine Roberts, Tyler Tims, Karen Laubhan, Mary Joe Meyer, Christine Person, and Odalee Craighead.

II. October Minutes Approved

III. Champions of Health “Ageless Hero”- Bill Heaton & Alva Arthritis Foundation Exercise Program

A video highlighting Bill Heaton’s Arthritis Foundation Exercise Class in Alva and Woodward, Oklahoma that was shown at the recent “Champions of Health.”

IV. Report: “The Panhandle Doesn’t Sit Still for Arthritis”—OAN Planning Committee

(Shona Lennon, Leona Perry, Lana Shaffer, Lynn Madsen, Bill Heaton, Velma Smotherman, and Marisa New).
The Committee reported on the success of “The Panhandle Doesn’t Sit Still for Arthritis.”

V. Discussion - Betsy Replogle

a) What do you see is the purpose of the Oklahoma Arthritis Network?

Highlights included:

- Information
- Resources
- Networking
- Partnering with others and their organizations
- Educating (each other and the public)
- Acts as a connection to the different resources

b) OK Arthritis Network ListServ

- Betsy encouraged members to sign up for the OAN ListServ so they will know about upcoming events, and can post announcements for other OAN members.
- If you need help signing up for the ListServ contact Betsy at bri@yahoo.com and she will set you up.
- This is also a way to get a copy of the OAN Agenda and Minutes.
- To Subscribe, send an e-mail to OKArthritisNetwork-subscribe@yahoogroups.com

VI. Oklahoma Arthritis Network Projects/Committee Updates

a) Advocacy – Betsy Replogle, Chair, Advocacy Committee

- Betsy gave an update on the legislature sessions on funding for arthritis programs.
- She emphasized the importance of writing your legislatures and letting them know how important funding is to our programs.

b) Research Project – Marisa New, Mail-Delivered Arthritis Self Management Program

- Marisa explained about the Arthritis Self-Management program for those who are unable to attend the Arthritis Self Help Course.
- Participants will be mailed a program kit.
- African Americans & Hispanic speakers are strongly encouraged to participate.
- Participation criteria: 18 years of age or older, have arthritis, fibromyalgia, or pain in the joints; have not participated in any other arthritis self-management program other than P.A.C.E.; are willing to study 8-12 hours over 4-6 weeks; and agree to participate in research about the program's usefulness.
- To enroll call toll free 1-877-668-0682 (English speakers), and 1-800-725-9424 (Spanish speakers).

VII. Announcements Oklahoma Transit Association—Stephen Lalli

Mr. Lalli spoke of the public transportation available for seniors, and those who are disabled. He highlighted the different forms of public transportation available in the county areas. He also provided us with a handout titled "Public Transit Basics".

- He stressed the importance of letting public officials know about the need of increased and improved public transportation to accommodate those who are in need of transportation and unable to drive for various reasons.
- If HB1078 passes it will be matched \$1 to \$4 in federal monies.
- Metro Lift is \$5 in the OKC Metro area.
- Beaver City Transit services Beaver County.

VIII. Next OAN Meeting will be Thursday, January 12, 2005 at 2:00 p.m. at OSDH in Room 314.

Videoconferencing is available; please call (405) 271-9444, ext. 56410 or marisan@health.ok.gov for more information.

IX. See Calendar of Events for other announcements and upcoming meetings