



o k l a h o m a a r t h r i t i s n e t w o r k

Thursday, April 13, 2006

Oklahoma State Department of Health
1000 NE 10TH St. Oklahoma City, OK 73117, Room 314
(405) 271-5600, ext. 56410
Parking Available –Visitor's Entrance

(Arrive early to allow time to get through Security!!)

2:00 p.m. - 4:00 p.m.

AGENDA

- **Welcome and Introductions (ALL attendees)** – Betsy Replogle, OAN Chair
- **Review and Approval of January '06 Minutes**
- **Oklahoma Arthritis Network Projects/Committee Updates**
 - **Advocacy Committee** - Betsy Replogle, Chair, Advocacy Committee
 - May is Arthritis Month!
 - **Community Education – Stephanie LaFevers or Shona Lennon**
 - **Arthritis Foundation Exercise and Arthritis Self Help Programs**
 - Leader Training Workshops
 - **Leader Reports –Odalee Craighead (Exercise - Woodward) and others**
 - Where? When? Upcoming Community Programs for people affected by arthritis
 - **REPORT: 2006 April 3-6, CDC Arthritis Annual Grantees Meeting – Marisa New**

Highlight: "No Pain, ALL Gain: Exercising with Arthritis!"

**Guest speaker: Gwenda Sharp, MS, occupational therapist, and adjunct professor
Department of Rehabilitation Science, University of Oklahoma Health Sciences Center**

Ms. Sharp teaches courses which address topics in biomechanics, kinesiology, and upper extremity intervention to occupational and physical therapy students. She incorporates her favorite movement and exercise activity into her lifestyle with Jazzercise in which she is a certified instructor.

- **Announcements**
 - **Oklahoma Lupus Association** – Gidget Mosley, Executive Director
 - **Arthritis Foundation: Arthritis Month Activities** - Stephanie LaFevers and Shona Lennon
 - **Research Projects** – Mail-Delivered Arthritis Self Management Program and OSU Q-Method Pilot Study
 - **Hoops for Health, April 22 and 23** – COINS (Central Oklahoma Integrated Network Systems)
 - **Alliance on Public Transportation** – Larry Hopper, Metro Transit
 - **Others invited to announce upcoming activities**

Future Meeting Dates - Please MARK your calendars!

Thursday, May 11, 2006	2 p.m.
Thursday, August 3, 2006	2 p.m.
Thursday, October 5, 2006	2 p.m.

Just a reminder! Review your Oklahoma Arthritis Action Plan! Visit: www.health.state.ok.us/program/apep