



Oklahoma Arthritis Network (OAN)

Thursday, April 7, 2005

MINUTES

Attendees:

Debora Adams, OSDH Arthritis Prevention and Education Program, PACE Leader
Terri Beard, OK Health Care Authority
Steve Beleau, OK Department of Libraries
June Brechal, Okmulgee CHD (VC)
Cynthia Burgess, Kanza Health Clinic
Lynne Bussell, MEd
Claire Dowers, Dept. of Human Services, Aging Services Division
Charles Fischer, PACE Participant
Victoria Foster, DHS Aging Services (Okmulgee – VC)
Linda Fowler, OK AbleTech, COTA Student
Shelley Frick, Home Instead
Michelle Gilbert, Pottawatomie County Health Department (VC)
Maria Glover, Nursing Student
Norma Goff, OAN Chair, DHS Aging Services Division
Robert Griffin, Lincoln County Health Department
Marilyn Guerrero, Apache Tribe Care Support Group, Anadarko (Comanche CHD - VC)
Bill Heaton, PACE Leader, Harper County Health Department (VC)
Ivan Homes, Oklahoma Lupus Association
Larry Hopper, Central Oklahoma Transportation Planning Authority (COPTA)
Patsy Irwin, Family Member of a PWA
Audra Isaacs, OU College of Nursing Graduate Student
Phillip Kemp, Langston University Nursing Student
Lin Kisslinger, PWA, Fibromyalgia Support Group
Stephanie LaFevers, Arthritis Foundation Eastern OK Chapter- Tulsa (VC)
Michelle LeBlanc, DHS Aging Services (Okmulgee – VC)
Shona Lennon, Arthritis Foundation, OK Chapter, OKC
Angela Looper, Kanza Health Clinic
Mandy McNeely, PWA, OAN Steering Committee
Randy McNeely, Family Member of PWA
Marisa New, OTR, MPH, OSDH Arthritis Prevention and Education Program
Shannon Pierce, Family Member of PWA
Elizabeth Pizzini, PACE Leader-Woodson Park
Patty Porter, Mercy Hospital, Senior Care
Christie Powell, Okmulgee CHD (VC)
Betsy Replogle, Advocacy, OAN Vice-Chair
Betty Jo Ross, Rehab Care
Bianca Silveti, OU Nursing Student
Dave Thompson, PhD, OU College of Public Health, Dept. of BSE
Andrew Trahan, Retired
Carla Wilhite, OK AgrAbility
Xiaorong Yan, OU College of Public Health (COPH) Graduate Student
Terri Young, DHS Aging Services, Okmulgee County HD (VC)
VC = Video conferencing PWA = Person with arthritis

I. WELCOME – Norma Goff, OAN Chair

New OAN Members: Steve Beleau, Cynthia Burgess, Lynne Bussell, Claire Dowers, Charles Fischer, Linda Fowler, Michelle Gilbert, Maria Glover, Muriel Guerrero, Bill Heaton, Audra Isaacs, Patsy Irwin, Phillip Kemp, Angela Looper, Randy McNeely, Shannon Pierce, Christie Powell, Bianca Salvetti, Andrew Trahan. Xiaorong Yan, Terri Young

II. JANUARY MINUTES APPROVED with no corrections

III. Oklahoma Arthritis Network Projects/Committee Updates

A. SURVEILLANCE – Dave Thompson, Chair introduced Xiarong Yan, graduate student, OU COPH

IMPACT Database - Xiaorong has just completed designing a program in Access called IMPACT. This program will assist staff in OSDH Arthritis Prevention and Education Program to more efficiently enter and store data specific to pre- and post- ASHC, Aquatics and PACE participant health status data. The program will be shared with other state arthritis programs at the upcoming CDC Arthritis Conference.

B. COMMUNITY EDUCATION

1. PACE Leaders discussed their recent PACE classes and the outcomes.

- Elizabeth Pizzini, Woodson Park started with 16 with 9 completing, and 3 joining near the end of the course.
- Debora Adams, OSDH had 16 enroll with 5-6 completing.
- Bill Heaton, upcoming class at Northwestern State University, the date is TBA (to be announced).
- Mandy McNeely, class is to be TBA

Marisa thanked the PACE leaders for volunteering and let the group know that there is always a need for more volunteers. ASHC, PACE, and Aquatic Course locations are on handouts available for your distribution. We would like to have more people aware of these programs.

IV. New Medication Recycling Program- Lynn Bussell

A. Thanks to Representative Darrel Gilbert legislature passed House Bill 1866 was approved in November 2004 by the board of Pharmacies, and went into effect January 2005 and will be a permanent rule by July 1, 2005 that allows any unused medications in bubble type packaging to be turned over to a pharmacist and to be dispensed. A synopsis was made available and can be forwarded to you upon request (405) 271-9444, ext. 56520 or deboraa@health.ok.gov

For more information about the Unused Prescription Drug (UPD) Procedures.doc may be viewed on the web page:

www.pharmacy.state.ok.us

OAC Title 535. Oklahoma State Board of Pharmacy
Subchapter 12.

Unused Prescription Drug Program for Oklahoma's Medically Indigent.

At a previous meeting, the OAN Steering Committee wanted to research the details of this program. We thank Lynn Bussell for her community interest and for providing the OAN with this information.

V. Highlights Topic Speaker “How to Get Involved to Make a Difference in Your Community”

Norma Goff, RN, MS, DHS Aging Service Division

[Distributed Sample Letter to Organizations describing Intent to volunteer]

- Organizations are always in need of volunteers.
- Volunteers are vital to the success of most organizations
- Contact an organization that you are interested in helping. They will let you know where and how you can help. (Don't wait to be contacted)
- Unless you can make substantial financial contributions, the organizations need you to work to help them reach their goals.
- If you join an organization that only wants to meet and never accomplishes anything, you should find a different organization to volunteer your time and services.

VI. Panelists: Betsy Replogle, Lin Kissinglinger, and Mandy McNeely

The Panel discussed the impact of scleroderma, fibromyalgia, and rheumatoid arthritis on their lives, and why they have decided to become volunteers for various organizations related to their diseases.

Betsy is an unpaid professional advocate who has been to Washington, D.C. numerous times to lobby for research for the various types of arthritis.

Lin chairs the Fibromyalgia Support Group. She advocated and was successful in getting fibromyalgia recognized as a musculoskeletal disease.

Mandy volunteers with the Arthritis Foundation and is on the Oklahoma Arthritis Network Steering Committee who takes vacation time from work to attend meetings. She was only 22 years old when she was first diagnosed with rheumatoid arthritis, and was later diagnosed with scleroderma.

VII. Oklahoma Lupus Association - Ivan Holmes

Currently advertising for an Executive Director. This is the first time that they will be able to hire someone on a full time basis. It has previously been a part-time position.

VIII. Arthritis Foundation-Stephanie LaFevers, and Shona Lennon

Leader Training Workshops - Arthritis Self Help Course

Stephanie LaFevers, Arthritis Foundation, Eastern OK Chapter

1. ASHC Leader training, April 20-22 in Wilburton OK. Call Stephanie or Shona for more information.
2. There has been a recent training in Tulsa, OK with 7 people completing the course. There were representatives from Tulsa, OKC, Woodward, Stillwater, Claremore, and Yukon.

There will be one or two more classes offered this year. One will be in the Tulsa area and the other will be outside the metro area. Other Activities: Arthritis Foundation, Eastern Chapter exhibited at the Minority Aging conference in Tulsa in March.

Leader Training Workshops - PACE

Shona Lennon, Arthritis Foundation, Oklahoma Chapter

There have been several PACE leader training classes in the past several months. The largest one was in January, and another was held last fall in October, and the most recent was March 24 with six completing.

IX. OSDH Arthritis Prevention and Education Program – Marisa New

[See OAN Calendar of Events for statewide activities – available upon request]

X. Announcements (Also See 2005 Calendar of Events)

Advocacy Guide: “You Too Can Be An Effective Health Advocate” on ways to contact Legislature, visit www.healthyamericans.org for a copy in Spanish or English.

May is Arthritis Month! Many activities planned.

Arthritis Foundation Oklahoma Chapter Arthritis Awareness Walks

- April 30 in Lawton
- May 7 in Ardmore
- May 14, in Enid
- May 21 in OKC, Norman and Stillwater.

To sign up, or for more information contact: Shona Lennon (405) 936-3366 or (800) 627-5486 to get a registration form, or on-line registration, www.arthritis.org

Arthritis Foundation Eastern Oklahoma Chapter Arthritis Awareness Walks

- May 1, in Tulsa, and May 14 in Pryor.

May 23 Public Educations Program at the Hardesty Library.

May 30 Partnering with Community Care to offer an Arthritis and Exercise Educational Talk

During the last week of May there will be a class in Bartlesville “Living With Chronic Disease”. This includes arthritis, and fibromyalgia.

To sign up, or for more information contact: (800) 400-4526 or to get a registration form.

May 19 - “NW Oklahoma Doesn’t Sit Still for Arthritis” - Claire Dowers, DHS Aging Services Division

Kick-Off Event for PACE course is scheduled to take place in Alva. Will be partnership between OEDA, DHS Aging Services, OSDH, AF, OU College of Geriatric Medicine, OK AgrAbility,

Another Kick-Off Event and PACE course will be scheduled in Guymon. Bill Heaton (PACE leader) will be facilitating these PACE courses to not only encourage participation but also to entice individuals to be trained as PACE leaders to keep the program ongoing in these areas of the state which are underserved.

XI. Next Meeting will be Thursday, May 5, 2005 at 2:00 p.m. at OSDH in Room 314.