



o k l a h o m a a r t h r i t i s n e t w o r k

Thursday, April 5, 2007



RSVP

by calling
(405) 271-9444
ext. 56535

Oklahoma State Department of Health
1000 NE 10TH St. Oklahoma City, OK 73117, Room 314
(405) 271-5600, ext. 56410
Parking Available –Visitor’s Entrance

(Arrive early to allow time to get through Security!!)

2:00 p.m. - 4:00 p.m.

AGENDA

- ❖ **Welcome and Introductions (ALL attendees)** – Betsy Replogle, OAN Chair
- ❖ **Review and Approval of January '07 Minutes**
- ❖ **Oklahoma Arthritis Network Projects/Committee Updates/Collaborative Events**
 - **Community Education** – Stephanie LaFevers and Shona Lennon
 - **Arthritis Foundation Exercise Program (AFEP) and Arthritis Self Help Programs**
 - **Leader Reports**
 - **Where? When? Upcoming Community Programs for people with arthritis** (Attending Leaders)

Highlight: "Group Fitness that Changes Lives"

Guest speaker: Susan Snyder - Director, EnhanceFitness - University of Washington

EnhanceFitness is a program that is rapidly expanding across the country. It's keeping older adults, from 50 to 100, engaged in life activities by maintaining their physical functioning. Regardless of age or ability, this group fitness program is scientifically designed to meet what you may need to remain active.

- ❖ **Collaborative Events**
 - **Reports Living Long, Living Strong: The Oklahoma Project**
Andrali Jewett, DHS Aging Services or Marisa New
- ❖ **Announcements**
 - **Arthritis Foundation**
 - **Lupus Foundation of America, Oklahoma Chapter**
 - **OSDH Arthritis Prevention and Education Program**
 - **Others – Oklahoma Alliance on Public Transportation, Larry Hopper**

Future Meeting Dates - Please MARK your calendars!

Thursday, May 3, 2007	2 p.m.
Thursday, August 2, 2007	2 p.m.
Thursday, October 4, 2007	2 p.m.
Thursday, November 15, 2007	2 p.m.