



Oklahoma Arthritis Network (OAN)

Thursday, February 6, 2003

MINUTES

Attendees:

Christina Dyer, Oklahoma State Wellness
Lana Files, Arthritis Foundation, Eastern Oklahoma Chapter
Norma Goff, OAN Chair, DHS, Aging Services Division
Raymond Goodin, Logan County Health Dept., Guthrie (VC)
Robert Griffin, Logan County Health Dept., Guthrie (VC)
Carrie Harris, RN, Deaconess Hospital
Jackie Hicks, RN, Oklahoma City County Health Department
Mattie Jones, Beckham County Health Dept, Elk City, (VC)
Diana LaRocque, Indian Health Service, Lawton (VC)
Shona Lennon, Arthritis Foundation, Oklahoma Chapter
Vonnie Meritt, Canadian County Health Dept., El Reno
Darla Morey, Beckham County Health Dept., Elk City (VC)
Huda Mussa, OSDH Personal Health Services
Marisa New, OTR, MPH, OSDH Arthritis Prevention and Education Program
Todd Owens, RPT, OU Medical Center, Presbyterian Tower
Sue Painton, Mercy Health
Irvin Pruitt, Logan County Health Dept., Guthrie (VC)
Betsy Replogle, Vice-Chair, Oklahoma Arthritis Network
Karen Ross, MD, OU College of Medicine, Geriatric Dept.
Stephanie Settle, Cleveland County YMCA
Kaushal Saran, MD, MPH Student, OUHSC
Jo Singleton, Caddo County Health Dept. , Anadarko (VC)
Denise Smith, Indian Health Hospital, Lawton (VC)
Wilma Snow, Beckham County Health Dept. (VC)
Jana Winters, Senior Care Options
Heather Wright, Logan County Health Dept., Guthrie (VC)
Mona Yutterman, Comanche County Health Department, Lawton

(VC) = Videoconferencing

- I. **WELCOME** – Norma Goff, Chair
New OAN Members present: Stephanie Settle, Kaushal Saran, Karen Ross, and Huda Mussa
- II. **JANUARY MINUTES APPROVED – no corrections**
- III. **PROJECTS**
 - Promotion
May 10, 2003 - AF Arthritis Walk, Shona Lennon
(Video presented) A nationwide walk to fight arthritis each year. Kicks off national arthritis month (May) raising both awareness and money to improve the lives of people with arthritis.
Contact Sherry Harris or Shona Lennon for more information
(405) 936-3366. More information will be posted on the OKArthritisNetwork listserv as well.
Carrie Harris, Deaconess Hospital, will have a team.
Marisa New stated she would like to co-captain a team with someone in the OAN. Shona encourages you to organize walk teams representing your

business, institution or organization. You can also participate by having a booth at the associated health fair.

Christina Dyer and Denise Smith interested in participating in the Arthritis Walk. Heather Wright will ask if ASHC participants in their area would like to form a team.

Community Education – Shona Lennon

Exercise, Walking and Golf Pamphlets (related to arthritis) were distributed by the Arthritis Foundation. The following individuals – connected through videoconferencing - requested pamphlets be mailed to them: Jo Singleton, Mattie Jones, Heather Wright, Robert Griffin, Mona Yutterman, Denise Smith and Diane LaRocque

March 3-7, 2003 – Juvenile Arthritis Awareness Month

Shona will bring the school curriculum pertaining to sports injury prevention for distribution next month.

Stephanie Settle and Heather Wright interested.

Promotion – Marisa New

Media Campaign

Themeline: Physical Activity. The Arthritis Pain Reliever. Satellite Conference held last month was successful. There were six health departments that linked to the satellite conference in Oklahoma.

Following the conference, each site held meetings with their community partners to discuss how a campaign might be initiated to address the target population. Community partners informed us of their interest. Meetings have taken place and are planned.

More information will follow. If you are interested in participating, call Marisa at (405) 271-9444, ext. 56410.

Note: If there is enough interest in viewing a taped version of the satellite conference, we will offer an encore presentation. Please let me know.

Diana LaRocque, Denise Smith, Stephanie Settle and Jo Singleton interested.

Community Education – Marisa New

EMS Medfile

Saturday, April 26, 10 a.m. – 2 p.m.

Will offer education and provide the EMS Medfile to the community. The purpose of the EMS Medfile is to improve pre- and out of hospital care especially for the elderly. Russ Calhoon, OSU-OKC; Mary Pinzon, Seniors on the Go; and Dr. Bob Salinas, OU Family Medicine Center are project coordinators. The use of the tool will guide EMTs and paramedics to acquire the information needed about your personal health condition, therefore, addressing your health care needs with better and timelier decisions as they see you to the hospital.

Advocacy – Betsy Replogle

Arthritis Action Day or Awareness Day – tentatively planned for the week before or of May 10, 2003. We'll be approaching the State Legislature to proclaim May as Arthritis Awareness Month.

Do you know your state representatives and senators? Do you know if any of these people have arthritis or has family members with arthritis that may wish to sign off on this proclamation? Let Betsy know.

Darla Morey trying to schedule visit with their representative.

Health Advisory Committee – When Brad Henry was running for Governor, he had stated he would form a Blue Ribbon Committee. Status of committee unknown. Ivan Holmes, OAN contact.

Health Issues Conference – would like to get individuals and organizations together to discuss common health issues. Betsy will be presenting to the State Turning Point Council on April 18th to discuss this possibility.

Health Assistance Partnership Conference – Betsy recently attended this RWJ and Families USA sponsored conference-representing Oklahoma. Purpose is to help people who are confused about their insurance, whatever type, to get assistance.

In Oklahoma, contact the State Insurance Commission Office. For those over age 65, contact the Senior Counseling Program.

Join the OKArthritisNetwork listserv for other helpful and interesting arthritis and other related information.

To subscribe visit:

<http://groups.yahoo.com/group/okarthritisnetwork/join>

For current names, addresses and phone numbers of the Oklahoma Congressional Representatives and Governor Brad Henry are located on the back table.

NEW Project Idea!!!

Community Education – Norma Goff

Arthritis Workshops (2 or 3 hour workshops)

Offered to coordinate an Arthritis Workshop in your local community. Maybe we can have one workshop initiated in May 2003 but by next year we can offer at least 6 workshops offered throughout the state. We have speakers and other resources available so if you would like to be part of a planning team, please contact, (405) 271-9444, ext. 56410.

IV. Continuing Education

“The Importance of Physical Activity” (Handout distributed)

Karen M. Ross, MD

Geriatric Fellow, Board Certified in Internal Medicine

Donald Reynolds Dept. of Geriatric Medicine

University of Oklahoma Health Sciences Center

NOTE: Dr. Ross added to OAN Speakers Bureau

V. Announcements

Cleveland County YMCA offers shallow and deep-water arthritis exercises (Aquatics). A large class of 55 but would like more people to participate. The Arthritis Foundation Aquatics Program certifies this program.