



o k l a h o m a   a r t h r i t i s   n e t w o r k

---

Thursday, January 12, 2006

Oklahoma State Department of Health  
1000 NE 10<sup>TH</sup> St. Oklahoma City, OK 73117, Room 314  
(405) 271-5600, ext. 56410

Parking Available -Visitor's Entrance

***(Arrive early to allow time to get through Security!!)***

2:00 p.m. - 4:00 p.m.

## AGENDA

- **Welcome and Introductions (ALL attendees)** - Betsy Replogle, Interim OAN Chair
- **Review and Approval of November '05 Minutes**
- **Oklahoma Arthritis Network Projects/Committee Updates**
  - **Advocacy Committee** - Betsy Replogle, Chair, Advocacy Committee
  - **Promotion** - Claudia Barajas, Latino Community Development Agency
    - Media Campaign - *Buenos Dias Arthritis! No Me Venceras El Dia De Hoy!*
  - **Stanford University/University of North Carolina Research Project** - Marisa New
    - Mail-Delivered Arthritis Self Management Program
      - Recruiting Participants
  - **Community Education - Stephanie LaFevers or Shona Lennon**
    - **Arthritis Foundation Exercise and Arthritis Self Help Programs**
      - Leader Training Workshops
      - Where? When? Upcoming Community Programs for people affected by arthritis
- **Highlight: "Your Personal Health Information: How to Access, Manage and Protect It"**

Guest speaker: Deresa Claybrook, MS, RHIT with the American Health Information Management Association will be asking if you have heard of a *Personal Health Record* and why you should have one. Keeping your own complete, updated, and easily accessible health record means you can play a more active role in your healthcare. Learn more and leave with your own information kit.
- **Announcements**
  - **Oklahoma Lupus Association**
  - **Other Partners?**

**Future Meeting Dates - Please MARK your calendars!**

Thursday, March 2, 2006      2 p.m.

Thursday, April 6, 2006      2 p.m.

---More dates to be announced ---

## ***The Latest!!!***

For up-to-date arthritis health information, please subscribe to the Oklahoma Arthritis Network listserv:

<http://groups.yahoo.com/group/okarthritisnetwork/join>