



Oklahoma Arthritis Network (OAN)

Thursday, January 9, 2003

MINUTES

Attendees:

Sharyn Armstrong, OUHSC, Health Professions Partnerships Initiative
Amber Browning, Oklahoma State Medical Association
Russell Brewer, Cleveland County Health Department, Norman
Russ Calhoun, OSU-OKC Emergency Medical System
Mary Helen Deer, National Indian Women's Health Resource Center
Lana Files, Arthritis Foundation, Eastern Oklahoma Chapter
Norma Goff, OAN Chair, DHS, Aging Services Division
Carrie Harris, Deaconess Hospital
Leslie Heathman, RPT, Oklahoma Physical Therapy Association
Jackie Hicks, RN, Oklahoma City County Health Department
Ivan Holmes, Oklahoma Lupus Association
Terry Johnsen, DHS
Birdie Johnson, Central Oklahoma Integrated Network Systems (COINS)
Diana LaRocque, Lawton Indian Health Service
Shona Lennon, Arthritis Foundation, Oklahoma Chapter
Joyce Lewis, Oklahoma Disability Law Center
Jami Lucas, OSDH, Eldercare (Holdenville)
Vonnie Meritt, Canadian County Health Dept., El Reno
Liz Minden, OK Lupus Association
Marisa New, OTR, MPH, OSDH Arthritis Prevention and Education Program
Todd Owens, RPT, OU Medical Center, Presbyterian Tower
Sue Painton, Mercy Health
Tim Tallchief, Deputy Commissioner, OSDH
Dave Thompson, OUHSC, College of Public Health, Dept. Bio & Epi
Sherril York, Oklahoma ABLETech
Mona Yutterman, Comanche County Health Department, Lawton

I. WELCOME – Norma Goff, Chair

New OAN Members present: Tim Tallchief, Russ Calhoun, Liz Minden and Mary Helen Deer

II. NOVEMBER MINUTES APPROVED – no corrections

III. OAN Steering Committee Report – Shona Lennon and Marisa New

The OAN is following the Oklahoma Arthritis Action Plan [can be downloaded off the OSDH website: www.health.state.ok.us/program/apep.]

As a group, we are using monthly meetings to work on parts of the plan receiving feedback, delegating tasks, etc. In order to meet the goals as directed in the action plan but also meet other purposes for convening, the Steering Committee decided to readdress meeting priorities. What was decided follows:

- 1. Continue monthly meetings.** Since we have been meeting for the last 3 years, decreasing frequency may decrease our capacity and momentum.
- 2. Be Project-Focused Rather Than Being Committee-Driven.** To accomplish our goals and objectives at a better pace and with better quality, we will concentrate on short-term projects (3-6 month deadlines). We will document progress and results achieved at each meeting.

3. **Promote Networking.** Many people attend to meet others so they may expand their knowledge of resources available statewide.
4. **Provide Continuing Education.** What is new in the industry? What are some of the new therapeutic techniques out there? We have some of the best experts here in Oklahoma. Let's have them speak at our meetings.

PROJECTS: The OAN will choose and prioritize projects. Leaders may be organizational representatives who are supporting a specific event or activities, or could be someone who expresses a sincere interest to promote advocacy, for example. If you want to bring an event or task to the table to be considered an OAN sponsored activity, please let us know at our monthly meetings. For the following committees, we ask you to contact:

Betsy Replogle – Advocacy
Dave Thompson – Surveillance

IV. OAN Projects approved to address from January – June 2003

Area of Action Plan addressed: ADVOCACY

Arthritis Action Day (May 10, 2003) – Contact: Betsy Replogle, (405) 848-3819

Advocacy Volunteers: Mary Helen Deer, Lana Files, Jamie Lucas, Shona Lennon, Norma Goff

Tasks: Prepare a Proclamation

SUGGESTION: A fact sheet should be distributed at advocacy activities.

Blue Ribbon Health Advisory Committee – Contact: Ivan Holmes, (405) 495-8787

OAN could have input on who would be on that committee.

Area of Action Plan addressed: PROMOTION

Media Campaign (Spring 2003) – Contact: Marisa New, (405) 271-9444, ext. 56410

Interested volunteers: Russ Calhoun, Dave Thompson, Terry Johnsen, Jami Lucas, Norma Goff

Area of Action Plan addressed: PROMOTION

Arthritis Walk (May 2003) – OKC, Contact: Shona Lennon, (405) 936-3366

Volunteers: Carrie Harris, Deaconess Hospital and Marisa New, OSDH

Arthritis Walk (May 2003) – Tulsa

Details to be announced at a later date.

---The OAN could sponsor a team or your own organization could have a Team.---

Area of Action Plan addressed: REIMBURSEMENT

Project Access needs rheumatologists to increase access to care for those people accessing assistance through Project Access.

Contact: Birdie Johnson, (405) 524-8100, ext. 17

Area of Action Plan addressed: COMMUNITY EDUCATION

Juvenile Arthritis Awareness (March 3-7), OKC

Contact: Shona Lennon (405) 936-3366

EMS Medfile (April 2003) – Contact: Russ Calhoun, (405) 945-3354
Interested Volunteers: Marisa New

**“The Mystery of Lupus”- Native Indian Women’s Health Resource Center
Saturday, February 1, 2003, No Fee**

Would like to invite you to attend----Limited to 100 participants.

Registration: Call (405) 495-8787 or (800) 725-6445

----OAN will discuss the Oklahoma Arthritis Action Plan---

There will be six seminars: OKC, Ada, Lawton, Okmulgee and a presentation to the public health nurses. Oklahoma is one of six states that received grant funding. The target populations are minority women – Native Americans and African – Americans specifically.

Dept of Human Services, Children with Special Health Care Needs – Has written a grant and is optimistic that funding will be received. The grant supports a collaborative effort to improve the continuum of services for children (from birth to age 18) with special health care needs. To maximize their efforts they need health professionals involved. Developing a continuum of care for children is the focus. What is found is there is more medical services available to younger children but as they reach adolescence their needs increase and they need more than medical services. Improving the continuum of services offered to this population is known as the “medical home” concept. OSDH and Child Study Center are a couple of the lead partners. If you would like more information, please **call Terry Johnsen, (405) 521-4092.**

SUGGESTION: If time is available, we could organize some workshops that could be conducted at different sites in Oklahoma. The format could be the same for all. ***Norma Goff volunteered to lead this effort.***

Area of Action Plan addressed: PROFESSIONAL EDUCATION

Satellite Conference. ***Health Communications: Promoting Physical Activity Among People with Arthritis***, Thursday, January 23, 2003, 12:00–3:00 p.m. Central Time. Continuing Education Units will be available for Cert. Health Educators, MSW, Nurses, and Dietitians. **Call (405) 271-9444, ext. 56410 for more information.**

Area of Action Plan addressed: Surveillance – Dave Thompson, MS, PT

Arthritis Self Help Course (ASHC) Evaluation Trainings are in process. On January 16th, 2003, we will have a 2nd training session. The trainings will reinforce procedures required to initiate ASHCs, for data collection and then to assure timely analysis of the data. This evaluation tool will be used to determine the effectiveness of the ASHC.

V. EMS Medfile – Russ Calhoun, Paramedic Educator, OSU-OKC

Dr. Robert Salinas, Geriatrician at OUHSC, Dept. of Family Medicine and Mary Pinzon, Senior Health on the Go and others are in collaboration to improve pre & out of hospital care of the elderly. Tools have been developed and will be distributed to the public in an organized effort beginning in April 2003. Data will be collected and analyzed during this pilot project (Bethany, OK) to determine outcomes. The use of the tool will guide EMTs and paramedics to acquire the information needed about your personal health condition, therefore, addressing

your health care needs with better and timelier decisions as they see you to the hospital. The Oklahoma City Medical Society has recently endorsed this project. The ultimate goal is to have this eventually used within our emergency medical system. Items included in the MedFile are the Oklahoma Advance Directive for Health Care Brochure, DNR Guide, Medical Information Sheet and Current Medications Sheet.

SUGGESTIONS: During ASHCs, these MedFiles could be given to participants and OAN Partners could distribute MedFiles at health fairs they attend and exhibit.

OSU-OKC wants to offer workshops, and programs to seniors, families and health care professionals such as the Arthritis Self Help Courses. In addition, OSU-OKC is getting ready to open its Wellness Center. The promotion of physical activity among people with arthritis could be addressed as a wellness issue. More information about the Wellness Center will discuss at future meetings.