

# LMFT ACADEMIC WORKSHEET

Applicant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

University: \_\_\_\_\_ Degree: \_\_\_\_\_

**Theoretical Foundations of Marital and Family Systems** – any course which deals primarily in areas such as family life cycle; theories of family development; marriage and/or the family; sociology of the family; families under stress; the contemporary family; family in a social context; the cross-cultural family; youth/adult/aging and the family; family subsystems; individual, interpersonal relationships (marital, parental, sibling). 3 – 3 semester hour courses

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Assessment and Treatment in Marital and Family Therapy** – any course which deals in areas such as family therapy methodology; family assessment; treatment and intervention methods; overview of major clinical theories of marital and family therapy such as: communications, contextual, experiential, object relations, strategic, structural, systemic, transgenerational. 3 – 3 semester hour courses

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Human Development** – any course which deals primarily in areas such as human development; personality theory; human sexuality; psychopathology; at least one of which in psychopathology or abnormal human behavior. 3 – 3 semester hour courses.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Ethics and Professional Studies** – any course which deals primarily in areas such as professional socialization and the role of the professional organization; legal responsibilities and liabilities; independent practice and inter-professional cooperation; ethics and family law. 1-3 semester hour course

1. \_\_\_\_\_

**Research** – any course which deals primarily in areas such as research design, methods, statistics, research in marital and family therapy. 1-3 semester hour course

1. \_\_\_\_\_

**Practicum/internship** – At least 300 clock hours

1. \_\_\_\_\_