



Oklahoma State
Department of Health

Baby's Safety

One Year

Baby is more independent and curious.
Runs about, is reckless, and always exploring new things.
Takes toys and other things apart.

Car Safety

- Use a forward-facing car seat if baby weighs over 20 pounds and is at least one year of age.
- Baby should never be left alone in vehicle, especially in hot weather.
- Driver should make sure he/she knows where the child is before moving vehicle.



Water Safety

- Keep baby away from ice chests, hot tubs, buckets, whirlpools, and washers in and outside the home.
- Always stay with baby in swimming pools and kiddie pools.
- Keep baby away from ponds. It is difficult to save a child from a deep, muddy pond.

Falls

- Keep baby securely strapped in stroller, high chair, swing, or shopping cart.
 - Use buffer or protector around belts of shopping cart which may be soiled.
- Never leave alone on counters, beds, tables, couches, or other high places.
- If riding on bicycle with adult, should be in a rear-mounted seat, wearing helmet.

Prevent Poisoning

- Keep cleaning products, alcohol, and medications up high and away from food.
- Keep plants and planting pots out of reach of baby.
- Keep baby away from poisonous plants, flowers and trees outside the home.
- Keep medications and cleaning supplies in a locked cabinet.
- Have safety caps on all medicines and household chemicals.
- Keep camphor and other items in a locked area.
 - Never store lye cleaners in the home
- Call Poison Control (1-800-222-1222) or bring child to emergency room if child may have eaten anything poisonous.

Safety Points for Day Care/Other Homes

- Cribs and mattresses and places used for care of baby should be same as suggested for home.
- No wires or cords near crib or play area.
- Cover electric outlets and barricade electric appliances and cords.
- Remove water containers, medicines and plants from baby care area.
- No guns or ammunition.
- Keep hot food and liquids, and utensils out of baby's reach.
- Keep window areas clear of furniture and use window guards.
- Gates should be in place at all stairs and rooms that are off limits.

Safety – Environment

- Keep baby away from front-loading dryers and washers.
- Remove all breakable items from tables and cabinets, and install child-proof latches to cabinets.
- Place crib mattress at lowest level. No large toys or bumper pads.
- Do not allow baby near electric or motorized toys, toys with small pieces, or balloons.
- Don't store toys in chests with lids where child can be caught or injured.
- Continue to use gates at the top and bottom of stairs.
- Keep child away from electric outlets and stoves.
- Keep child in safe place (high chair or playpen) when working and cooking in kitchen.
- Keep baby in a safe place when you grill outside or use lawnmower.

