



Oklahoma State
Department of Health

Preparing for Your Baby's Safety

Items to Prepare 2-3 Months Before Expected Delivery

Places Where Baby Will Spend the Most Time



Crib

- Firm mattress that fits close to crib sides.
- Crib slats/bars not farther apart than $2 \frac{3}{8}$ inches.
- No bumper pads, pillows, toys, or loose blankets.

Bassinet/Cradle

- Firm, thin mattress with no space between it and the sides.
- Sides high enough so baby cannot fall out.
- Stable and cannot be knocked over.
- Cradle that cannot swing high enough to overturn.



Change and Dress Baby – Table, crib or floor

- Uncluttered, firm surface.
- Stable, not slippery.

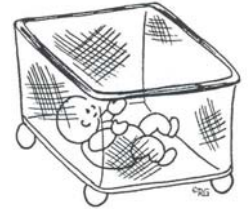
Bathing Baby – in baby tub, tub placed in big tub or regular bathtub.

- Non-slippery surface.
- Don't use baby bath seat because it can tip over easily.



Playpen

- If has slats, no wider than $2 \frac{3}{8}$ inches apart.
- If net, closely woven.
- Sturdy, sides can't collapse.
- Firm cushion, no bumper pads.



Infant Car Seat

- Use seat approved by federal agency.
- Know history of used seat- cannot have been in a crash.
- Install rear-facing, 45° angle.
- Install in back seat of vehicle.
- Check directions carefully to install correctly or have installed by Certified Child Restraint System person.



Infant Carrier – Can't use as car seat

- Plastic with cushioned lining.
- Baby should be belted in.
- Use only for infants 1-6 weeks because it tips easily when baby moves.
- Can't be used on shopping cart unless belted/attached.



Safety – Environment

- Mother should not use alcohol, drugs, or tobacco.
- Rest and eat a healthy diet.
- Maintain strength for delivery and when baby comes home.
- Keep floors and stairs clear/good condition.
- Maintain home temperature at around 70° .