

Oklahoma Lactation Consultant
Resource Guide
2010



 Coalition of
Oklahoma
Breastfeeding
Advocates

Oklahoma Lactation Consultant

Resource Guide

2010

Information updated August 2010.

An electronic version of this guide is available on the Oklahoma State Department of Health Breastfeeding Information and Support website at

<http://bis.health.ok.gov>

The Coalition of Oklahoma Breastfeeding Advocates (COBA) is pleased to present the second revision of the *Oklahoma Lactation Consultant Resource Guide*. This guide has been designed to inform you of International Board Certified Lactation Consultants who are available to assist nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

We have made every effort to include accurate information in this guide. If your name or facility is not listed or the information is inaccurate, please contact us to make this correction.

Send updates and corrections to:

Rosanne Smith
Oklahoma State Department of Health, WIC Service
2401 NW 23rd Street, Suite 70
Oklahoma City, OK 73107-2475
Fax: 405-271-5763
Email: rosannes@health.ok.gov

DISCLAIMER

The Coalition of Oklahoma Breastfeeding Advocates and the Oklahoma State Department of Health have made efforts to supply current and accurate information. However, no guarantee is made regarding the content of this publication, especially as information might be altered by forces beyond the control of COBA and OSDH.

OKLAHOMA BREASTFEEDING HOTLINE 1-877-271-MILK (6455)

Línea de Ayuda para la Lactancia en Oklahoma

24 Hour Toll-Free Breastfeeding Support Line for nursing mothers, their families, partners, prospective parents, and health professionals. All calls returned by an International Board Certified Lactation Consultant (IBCLC).

- 7 days a week, 24 hours a day
- Staffed by International Board Certified Lactation Consultants (IBCLCs)
- Provided by OU Medicine Lactation Team
- Supported by Oklahoma State Health Department Women, Infants and Children (WIC) Program and Maternal and Child Health (MCH) Service, OU Medical Center and OU Health Sciences Center OB/Gyn Department

Callers may leave a message for a return call that day. Callers with urgent questions may page the IBCLC on call.

Accurate, up-to-date information for common breastfeeding issues:

- Not making enough milk
- Baby refusing to nurse
- Breast or nipple pain
- Medications and breastfeeding
- Working and breastfeeding
- Breast pumps
- Breastfeeding in public
- Weaning

Referrals to:

- Outpatient lactation services available in Oklahoma
- La Leche League breastfeeding support groups
- Breast pump rental locations

*** Please note that the Hotline cannot provide a medical diagnosis. All medical questions should be directed to a health care provider.**

**OKLAHOMA LACTATION CONSULTANT
RESOURCE GUIDE
2010**

Oklahoma City Area

Private Practice

Lactation Services

Private Practice - NW OKC area

405-464-7108

Paula Jean Bloom RN, IBCLC, RLC

bloomlactation@gmail.com

Visits: Home Visits with traveling radius of 50 miles

Specialty: Infant

Medicaid Provider

Baby in Bloom

Private Practice – Kingfisher County, Mustang, Yukon and El Reno area

405-249-9751

Anne Banther, RN, IBCLC, RLC

babyinbloom@pldi.net

Visits: Outpatient and Home Visits with traveling radius of 50 miles

Medicaid Provider

Lactation Care Consulting, LLC

Private Practice – Midwest City and Choctaw Areas

405-637-7953

Paula Vinson, BSN, RNC-OB, IBCLC, RLC

LactationCare@hotmail.com

Visits: Home Visits with traveling radius of 10 miles

Specialty: English/All ages

Medicaid Provider

Lactation Consultant Services

Private Practice

405-722-2163

Debi Leslie Bocar, RN, PhD, IBCLC

dbocar@aol.com

Visits: Outpatient and Home Visits with traveling radius of 30 miles

Hospitals

Deaconess Hospital

405-604-4546
5501 N. Portland
Oklahoma City, OK 73112
Colleen Davis, RN, IBCLC
5 Lactation Consultants
Visits: Inpatient and phone consults available

Grady Memorial Hospital

405-779-2272
2220 Iowa
Chickasha, OK 73018
Marcella Hill, LPN, IBCLC
Visits: Inpatient and Outpatient

Integris Medical Center

405-848-5055
3300 Northwest Expressway
Oklahoma City, OK 73112-4481
Margaret Back, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 7:00 am – 4:00 pm, 7 days a week
Specialty: Newborn to age two
Medicaid Provider

Integris – Southwest Medical Center

405-636-7601
4401 S. Western
Oklahoma City, OK 73109
Tammy Flowers, RN, IBCLC; Cindy Watson, RN, IBCLC
4 Lactation Consultants
Visits: Inpatient
Hours: 7:00 am – 5:00 pm
Specialty area: Maternal / Child
Medicaid Provider and Files with Private Insurance

Mercy Health Center

405-752-3586
4300 W. Memorial Rd.
Oklahoma City, OK 73120
Eugenia Cowden, RN, IBCLC; Paula Bloom, RN, IBCLC; Tena Fry, ARNP, MS, IBCLC
5 Lactation Consultants
Visits: Inpatient and Outpatient
Hours: 9:00 am – 5:00 pm or later – 7 days a week, holidays too
Medicaid Provider and Files with Private Insurance

Norman HealthPlex

405-307-3532
3300 HealthPlex Parkway
Norman, OK 73072
Clara Winters, RN, IBCLC; (405-515-3600 work, 405-306-3810 cell)
Debbie Foster, RN, IBCLC (405-515-3532)
2 Lactation Consultants
Visits: Inpatient and Outpatient
Hours: 7:00 am – 7:00 pm, 7 days a week
Specialty: Newborn
Medicaid Provider and Files with Private Insurance

OU Medical Center

Lactation Center
405-271-6455
1200 N. Everett Drive
Oklahoma City, OK 73104-5068
11 Lactation Consultants
Rebecca Mannel, BS, IBCLC, FILCA; 405-271-4350; Paula Freeman RPT/IBCLC; Janette Bell, RN, BSN, IBCLC; Ottie Baumgardner RN, MS, IBCLC; Paula Bloom RN, IBCLC; Keri Hale, RD/LD, IBCLC; Kris Hapgood, BSN, RN, IBCLC; Bonnie Hollingsworth, RNC, BS, IBCLC
Visits: Inpatient and Outpatient; Outpatient visits limited to 1-2 days per week
Hours: 7:00 am – 7:00 pm Monday through Friday; Sunday-Saturday (inpatient visits)
Medicaid Provider and Files with Private Insurance

St. Anthony Hospital

405-272-6207
1000 N. Lee
Oklahoma City, OK 73101
Karen Blackburn RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 7:00 am to 3:00 pm
Specialty Area: Newborn
Medicaid Provider and Files with Private Insurance

Indian Tribal Organization WIC

Citizen Potawatomi Nation WIC Program

405-273-3216
405-824-9801 (24 hours)
1601 S. Gordon Cooper Dr.
Shawnee, OK 74801
Cathie Price, IBCLC, RLC
Visits: Inpatient, Outpatient and Home Visits
Hours: 24 hours a day
Specialty: American Sign Language

WCD WIC Program

405-933-3442 (cell)
1629 E. Hwy 66
El Reno, OK 73036
Cathy Harrelson, IBCLC
Hours: available by cell phone anytime

Oklahoma Department of Health/WIC Clinics

Canadian County Health Department

405-262-0042 Extension: 331
100 S. Rock Island
El Reno, OK 73036
Sarah Devane, RD/LD, IBCLC; Jenna Holland, RD/LD, IBCLC
3 Lactation Consultants
Visits: Inpatient and Outpatient
Hours: 8:00 am—5:00 pm Monday through Friday
Specialty: WIC Breastfeeding Peer Counseling Program, practice within the WIC clinic

Canadian County Health Department- Yukon Site

405-354-4872
1023 E. Vandament
Yukon, OK 73099
Maria DeLoera, LPN, IBCLC
3 Lactation Consultants
Visits: Inpatient
Hours: 8:00 am—5:00 pm Monday through Friday
Specialty: WIC Breastfeeding Peer Counseling Program, practice within the WIC clinic;
Spanish Speaking

Neighborhood Services Organization (NSO) - West

405-942-2008
1139 North Meridian
Oklahoma City, OK 73107
Zubaida Begum, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 am – 4:00 pm Monday- Friday
Specialty: Lactation & Nutrition/ Infant feeding
Language: Hindi, Tamil, Some Spanish
Medicaid Provider

Oklahoma State Department of Health WIC Service

405-271-4676 or Toll Free 1-888-655-2942
2401 NW 23rd Street, Suite 70
Oklahoma City, OK 73107
Rosanne Smith, RD/LD, IBCLC
WIC Breastfeeding Coordinator
Hours: 7:30 am – 4:30 pm Mon-Wed & Friday, 8:00 am – 5:00 pm Thursday

Oklahoma State Department of Health Sooner Start

405-271-9477
4545 N. Lincoln Blvd. Suite 250
Oklahoma City, OK 73105
Jana Gober, MS, RD/LD, IBCLC
Visits: Home Visits in Oklahoma County
Specialty: Early intervention for special needs children
Medicaid Provider

Tulsa Area

Private Practice

Baby Café

Private Practice
918-605-2032
10011 S. Yale
Tulsa, OK 74137
Cristina Pickle, RN, IBCLC
Baby.Cafe@yahoo.com
3 Lactation Consultants
Visits: Inpatient and Outpatient
Hours: 8:00 am – 5:00 pm Monday through Friday
Specialty: Prenatal education, NICU
Medicaid Provider and Files with Private Insurance

Decisions

Private Practice
918-481-5803
6010 S. Quebec Ave.
Tulsa, OK 74135-4222
Debi Schroeder, MS, RN, IBCLC
Debi.schroeder@gmail.com
Visits: Outpatient
Hours: By appointment
Specialty: Family Practice/Nutrition

Hospitals**Hillcrest Helmerich Woman's Center**

918-579-8018

1120 S. Utica Ave

Tulsa, OK 74104

4 Lactation Consultants:

Sharon Bauer, RN, IBCLC; Karen Stockwell, RN, BSN, IBCLC; Mona Keeline, IBCLC;

Visits: Inpatient and Outpatient

Hours: 8:00 am – 6:30 pm 7 days /week

Specialty: Newborn to 1 year olds / NICU

Medicaid Provider and Files with Private Insurance

Muskogee Regional Health Center

918-684-2176

300 Rockefeller Dr.

Muskogee, OK 74401

Gladys Rosann Dosch RNC-OB, IBCLC

Visits: Inpatient and Outpatient

Hours: 8:00 am – 4:00 pm Wednesday through Sunday

Specialty: Newborn

Medicaid Provider and Files with Private Insurance

St. Francis Health System

918-494-2270

6161 S. Yale Avenue

Tulsa, OK 74136

Kerstin West-Wilson, RNC, MS, IBCLC; Tina Smith, RNC, BSN, IBCLC; Tamera J. Copley, RD/LD, IBCLC; Penny Kumrow, RN, IBCLC; Lynn B. Clutter, PhD, RN, BC, CNS, CNE, IBCLC

9 Lactation Consultants

Visits: Inpatient and Outpatient

Hours: 8:00 am – 4:30 pm

Specialty: NICU/Newborns

Fluent in English, Swedish, French

Medicaid Provider and Files with Private Insurance

SouthCrest Hospital

918-294-4239

8801 South 101st East Avenue

Tulsa, OK 74133

Connie Lovell, RN, IBCLC; Kathy Cox, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: 7:45 am – 2:15 pm Monday- Friday

Only SouthCrest Hospital patients- no charge for OP visits

Indian Tribal Organization WIC

Cherokee Nation WIC Program

918-453-5591

PO Box 948

Tahlequah, OK 74464

Euphemia John, BS, IBCLC, CLC

Business Cell: 918-207-6952

Visits: Inpatient, Outpatient, and Home Visit with traveling radius of 20 miles

Hours: 8:00 am – 5:00 pm

Specialty: WIC Only

Osage Nation WIC Program

918-287-5360

1301 Grandview

Pawhuska, OK 74056

Gina L Collins, BS, LPN, IBCLC

Business Cell: 918-207-6952

Visits: Inpatient, Outpatient, and Home Visit with traveling radius of 30 miles

Hours: 8:00 am – 4:30 pm

Specialty: Newborns/Teen moms

Oklahoma State Department of Health/WIC Clinics

Tulsa City-County Health Department

James O. Goodwin Health Center

918-595-4559

5051 South 129th East Avenue

Tulsa, OK 74134

Ann Wade, RN, IBCLC

Visits: Home visits for Tulsa County

Hours: 8:00 am – 6:00 pm

Files with Private Insurance

Rogers County Health Department

918-341-3166 ext. 220

2664 N. Hwy 88

Claremore, OK 74017

Constance Cordray, RN, BSN, CCE, IBCLC

Visits: Home visits with Children First/WIC

Hours: 8:00 am – 5:00 pm Monday- Friday

Sequoyah County Health Department

918-775-6201
 612 N. Oak Street
 Sallisaw, OK 74955
 Esther Roberts-Wade, RD/LD, IBCLC
 Hours: 8:00 am – 5:00 pm Monday- Friday
 Specialty: Providing services to WIC participants

Tulsa County Health Department

918-594-4837
 315 S. Utica Ave
 Tulsa, OK 74104
 Kristi Ring, RD, IBCLC
 Hours: 8:00 am – 5:00 pm Thursday and Friday, part-time
 Specialty: Providing services to WIC participants

Washington County Health Department

918-335-3005
 5121 South East Jacquelyn Ln
 Bartlesville, OK 74006
 Constance Cordray, RN, BSN, CCE, IBCLC
 Visits: Home visits with Children First/WIC
 Hours: 8:00 am – 5:00 pm Monday- Friday

North Central AreaPrivate Practice**Baby in Bloom**

Private Practice – Kingfisher County, Mustang, Yukon and El Reno area
 405-249-9751
 Anne Banther RN, IBCLC
babyinbloom@pldi.net
 Visits: Outpatient and Home Visits with traveling radius of 50 miles
 Medicaid Provider

Hospitals**Stillwater Medical Center**

405-742-5553
 1323 West Sixth Ave.
 Stillwater, OK 74076
 Jeanne Campbell, RNC, BSN, IBCLC
 Visits: Home Visits with traveling radius of 35 miles
 Specialty: Newborns to 3 months
 Medicaid Provider and Files with Private Insurance

Oklahoma State Department of Health/WIC Clinics**Blaine County Health Department**

580-623-7977
 521 West 4th Street
 Watonga, OK 73772
 M. Diane Sublett, IBCLC
 Visits: Outpatient
 Hours 8:00 am – 5:00 pm Monday-Friday

Kingfisher County Health Department

405-375-3008
 124 East Sheridan
 Courthouse Annex- 101
 Kingfisher, OK 73750
 M. Diane Sublett, IBCLC
 Visits: Outpatient
 Hours 8:00 am – 5:00 pm Monday-Friday

Garfield County Health Department

580-233-0650
 P.O. Box 3266
 Enid, OK 73702
 Teresa Bailey, RN, IBCLC
 Visits: Outpatient and Home Visits with traveling radius of 15 miles; Hispanic translator available
 Hours 8:00 am – 5:00 pm Monday-Friday
 Medicaid Provider

Major County Health Department

580-227-3362
 501 East Broadway
 Fairview, OK 73737
 Patsy Meier, RN, IBCLC, M. Diane Sublett, IBCLC
 Hours 8:00 am – 5:00 pm Monday-Friday

South East AreaPrivate Practice

Lori L. Spann, BA, IBCLC
 580-235-2607
 1700 Tipton Terrace
 Ada, OK 74820
lorilacyspann@gmail.com
 Visits: Outpatient, and Home Visits with traveling radius of 30 miles

Indian Tribal Organization WIC

Chickasaw Nation WIC Program

580-399-2002

1001 N. Country Club Rd.

Ada, OK 7474820

Debra J. Cox, IBCLC

Visits: Inpatient, Outpatient, and Home Visit with traveling radius of 35 miles

Hours: By Appointment

Oklahoma State Department of Health/WIC Clinics

Haskell County Health Department

918-967-3304

Stigler Area Health and Wellness Center

1407 NE D Street, Suite A

Stigler, OK 74462

Emmy McPeak, MEd, RD/LD, IBCLC

Visits: Outpatient

Hours: 8:00 am – 5:00 pm Monday through Friday

LeFlore County Health Department

918-647-8601

P.O. Box 37

Poteau, OK 74953

April Smith, RN, IBCLC, RLC

Visits: Outpatient

Hours: 8:00 am – 5:00 pm Monday through Friday

Medicaid Provider through the health department

McCurtain County Health Department

580-286-6628

1400 Lynn Lane

Idabel, OK 74745

Anna Howe-Limbaugh, MS, RD/LD, IBCLC

Visits: Inpatient, Outpatient and Home Visit with traveling radius of 30 miles; Will travel to McCurtain County and Durant Hospitals

Hours: 8:00 am – 5:00 pm

Medicaid Provider

McIntosh County Health Department

918-473-5416

211 West Gentry

Checotah, OK 74426

Emmy McPeak, MEd, RD/LD, IBCLC

Visits: Outpatient

Hours: 8:00 am – 5:00 pm

Pontotoc County Health Department
580-332-2011
1630 E. Beverly, Suite 101
Ada, OK 74820
Cindy Crase-Stevens MS, RD/LD, IBCLC
Visits: Inpatient
Hours: 8:00 am – 5:00 pm
Specialty: Providing services to WIC participants

South West Area

Private Practice

Breastfeeding Guidance Center of Southwest Oklahoma

Private Practice
580-591-3817 – Cell
711 D Ave. Suite 207
Lawton, OK 73501
Jackie Gilliland, BSN, RN, IBCLC
jackiegilliland@sbcglobal.net
Visits: Outpatient, and Home Visits with traveling radius of 30 miles
Hours: By appointment
Specialty area: Newborns, Premies and Breastfeeding problems
Medicaid Provider

Kim Hawkins, BS, IBCLC, RLC

Private Practice
kimhawkins@worthyemail.com
Visits: Inpatient, Outpatient and Home Visits with traveling radius of 40 miles
Rent pumps and retail sales

Patricia (Patsy) Sanders, BSN, IBCLC

Private Practice
580-583-0152 – Cell
580-492-4029 – Home
277 NE Sanders Drive
Elgin, OK 73538
patsykaysanders@juno.com
Visits: Home Visits with traveling radius of 50 miles

Hospitals

Jackson County Memorial Hospital

580-379-5698
 1200 East Pecan
 Altus, OK 73523
 Lesley Sipp, BS, IBCLC
 Visits: Inpatient and Outpatient; Visits are free at this time
 Hours: 8:00 am – 4:30pm Tuesday through Friday

Weatherford Regional Hospital

Breastfeeding Resource Center
 580-774-4758
 3701 E. Main, Suite 1002
 Weatherford, OK 73096
 Kim Hawkins, BS, IBCLC
 Visits: Inpatient, Outpatient and Home Visits with traveling radius of 40 miles
 Hours: 9:00 am – 5:00 pm

Indian Tribal Organization WIC

Chickasaw Nation WIC

580-656-6981
 8 South 13th
 Duncan, OK 73533
 Jamie Lee, IBCLC, RLC
 Office Hours: By appointment
 Visits: Inpatient, Outpatient, and Home Visits
 Serving within the Chickasaw Nation boundary

Oklahoma State Department of Health/WIC Clinics

Comanche County Health Department

580-585-6625
 1010 South Sheridan Road
 Lawton, OK 73501
 Jackie Gilliland, BSN, RN, IBCLC
 WIC Breastfeeding Peer Counselor Coordinator
 Office Hours: By appointment
 Specialty area: Newborns, Premies and Breastfeeding problems
 Medicaid Provider

Index of Lactation Consultants

	Page(s)
Back, Margaret.....	2
Bailey, Teresa.....	9
Banther, Anne	1, 9
Bauer, Sharon	6
Baumgardner, Ottie	3
Begum, Zubaida.....	4
Bell, Janette	3, 5
Blackburn, Karen.....	3
Bloom, Paula Jean.....	1, 2, 3
Bocar, Debi Leslie.....	1
Campbell, Jeanne	9
Clutter, Lynn.....	7
Collins, Gina.....	7
Copley, Tamera.....	7
Cordray, Constance.....	8
Cowden, Eugenia J.	2
Cox, Debra.....	10
Cox, Kathy.....	7
Crase-Stevens, Cindy.....	11
Davis, Colleen.....	2
DeLoera, Maria.....	4
Devane, Sarah.....	4
Dosch, Gladys Rosann.....	6
Flowers, Tammy.....	2
Foster, Debbie.....	3
Freeman, Paula.....	3
Fry, Tena	2
Gilliland, Jackie C.....	11, 13
Gober, Jana	5
Hale, Keri.....	3
Hapgood, Kris.....	3
Harrelson, Cathy	4
Hawkins, Kim.....	12
Hill, Marcella.....	2
Holland, Jenna.....	4
Hollingsworth, Bonnie.....	3
Howe-Limbaugh, Anna.....	11
John, Euphemia.....	7

Keeline, Mona	6
Kumrow, Penny	7
Lee, Jamie	12
Lovell, Connie	7
McPeak, Emmy	10, 11
Mannel, Rebecca	3
Meier, Patsy.....	10
Pickle, Cristina L.	5
Price, Cathie.....	3
Ring, Kristi.....	8
Roberts-Wade, Esther	8
Sanders, Patricia	12
Schroeder, Debi.....	6
Sipp, Lesley	12
Smith, April.....	11
Smith, Rosanne.....	5
Smith, Tina.....	7
Spann, Lori.....	10
Stockwell, Karen	6
Sublett, Diane	9, 10
Vinson, Paula.....	1
Wade, Ann	8
Watson, Cindy	2
West-Wilson, Kerstin	7
Winters, Clara	3



Funding is provided by the Oklahoma State Department of Health WIC Program
THE OKLAHOMA STATE DEPARTMENT OF HEALTH IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER

This publication was issued by the Oklahoma State Department of Health, as authorized by Terry Cline, PhD, Commissioner.
2,500 copies were printed in by Docutech Printing Services in May 2010 for \$5,800.



WIC Service

Oklahoma State
Department of Health