

OSDH News

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Area Nutritionist Wins Award

Russ Mathews, a Certified WIC Nutrition Technician, with Variety Health Center, Mid-Del Clinic, has won the third annual Laura K. Savage Creativity in Nutrition Education Award. Mathews received the honor during the recent Oklahoma State Department of Health's (OSDH) WIC State Conference attended by over 380 WIC personnel.

Mathew's creative nutrition submission won the award in a competition of entries from across the state. Tom Freeman, OSDH State WIC Director, and Sondra Ralph, USDA Southwest Regional WIC Director presented his award.

The award is named in memory of Laura K. Savage, a Nutrition Education Coordinator who died while employed with OSDH WIC. The creative spirit of Ms. Savage was evident in the nutrition education ideas presented at the conference.

In addition to winning the award, Mathews will travel to the National WIC Association's Annual Conference in Anaheim, Calif., in April. He will display his winning entry, "The Amazing Bean" to be viewed by nutritionists nationwide.

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Editors: Photo is attached.

From left: Sondra Ralph, USDA Southwest Region WIC Director; Russ Mathews, award winner. Back row: Tom Freeman, OSDH State WIC Director.